

**WSEH AC – SPRING OPEN GRADED MEETING on SATURDAY 2<sup>nd</sup> APRIL 2016**

**Thames Valley Athletic Centre, Pococks Lane, Eton, SL4 6HN**

**CONFIRMED TIMETABLE**

**TRACK**

- 10.30 **300m** U15G/U15B/U17W/U17M/U20W/U20M/SW/SM
- 10.55 **400m** U15B/U17M/U20W/U20M/SW/SM
- 11.15 **100m** U13B/U15G/U15B/U17W/U17M/U20W/U20M/SW/SM
- 12.15 **75m** U11G/U11B/U13G
- 12.35 **800m** U11G/U11B/U13G/U13B/U15G/U15B/U17W/U17M/U20W/U20M/SW/SM
- 1.35 **150m** U11G/U11B/U13G
- 1.55 **200m** U13B/U15G/U15B/U17W/U17M/U20W/U20M/SW/SM
- 2.45 **1500m** U15G/U15B/U17W/U17M/U20W/U20M/SW/SM

**FIELD**

- 10.15 **Long Jump** U11G/U11B/U13G – 3 Jumps each
- 10.30 **Hammer** U15G/U15B/U17W/U17M/U20W/U20M/SW/SM – 4 throws each
- 11.45 **High Jump** U13G/U13B/U15G/U15B
- 12.15 **Long Jump** U13B/U15G – 3 jumps each  
(2 pits may be used at the same time, dependant on number registered on the day)
- 1.00 **Javelin** U17M/U20W/U20M/SW/SM – 4 throws each
- 2.00 **High Jump** U17W/U17M/U20W/U20M/SW/SM
- 2.00 **Pole Vault** U15G/U15B/U17W/U17M/U20W/U20M/SW/SM
- 2.00 **Shot** U15G/U15B/U17W/U17M/U20W/U20M/SW/SM – 4 throws each
- 2.30 **Long Jump** U15B/U17W/U17M/U20W/U20M/SW/SM – 3 jumps each
- 3.00 **Javelin** U15G/U15B/U17W – 4 throws each
- 3.15 **Shot** U13G/U13B – 3 throws each