

Event	Name	Coach	Age	PB	SB	Comp	Venue	Date
60m	Georgia Lamothe	JPS	F17-2	7.81	7.81	Open	Eton	01.03.2009
	Chloe Mays	AH	F17-2	8.01	8.01	Lond Gam	Lee Valley	01.02.2009
	Shalisha Patrick	JPS	F17-1	8.14	8.14	Open	Eton	07.02.2009
	Alicia Noble	AH	F17-2	8.30	8.30	Lond Gam	Lee Valley	01.02.2009
	Leah Barrow	AH	F17-2	8.18	8.31	Open	Eton	01.03.2009
	Sarah Phelps	DH	F17-2	8.54	8.54	SEAA	Lee Valley	18.01.2009
	Pascale Waterson	JPS	F17-2	8.54	8.54	Open	Eton	07.02.2009
	Rachel Westbrook	DO	F17-2	8.97	9.17	Open	Eton	01.03.2009
	Karimah Muhammad	JPS	F17-1	8.16				
	Georgia Connor-Wilder	JPS	F17-2	8.38				
	Harriet Hillson	AH	F17-2	8.44				
	Lola Ogunsanya	PFR	F17-1	8.68				
	Georgia Taylor	TR	F17-2	8.69				
	Letisha Richardson	NS	F17-2	8.79				
Antonia George	AH	F17-1	8.89					
100m	Georgia Lamothe	JPS	F17-2	12.1	12.1	NYAL	Norwich	31.05.2009
	Shalisha Patrick	JPS	F17-1	12.36w	12.36w	NYAL	Woodford	19.07.2009
	Chloe Mays	AH	F17-2	12.4w	12.4w	Bucks AA	M Keynes	09.05.2009
	Leah Barrow	AH	F17-2	12.5w	12.5w	Bucks AA	M Keynes	09.05.2009
	Karimah Muhammad	JPS	F17-1	12.64	12.64	Middx CS	Copthall	09.06.2009
	Laura Burke	RH	F17-2	13.15	13.15	Open	London (LV)	04.04.2009
	Alicia Noble	AH	F17-2	13.3w	13.3w	Bucks AA	M Keynes	09.05.2009
	Hannah Kirby	JPS	F17-2	13.5	13.5	SWL	Reading	25.04.2009
	Georgia Taylor	JPS	F17-2	13.4w	13.5	Surrey AA	Kingston	09.05.2009
	Sarah Phelps	DH	F17-2	13.5	13.5	Berks AA	Eton	10.05.2009
	Laura Suggitt	CM	F17-1	13.33	13.5	NYAL	Norwich	31.05.2009
	Charlotte Banks	DH	F17-1	13.5	13.5	AVL	Hillingdon	20.09.2009
	Tara Barratt	AH	F17-1	14.1	14.1	ESAAC1	H Wycombe	14.05.2009
	Emma English	AH	F17-2	14.4	14.4	AVL	Reading	05.04.2009
	Sarah Taplin	CP	F17-1	14.0	14.8	ESAAC1	Guildford	11.05.2009
	Sinead Kirby	PH	F17-1	14.9	14.9	SWL	Eton	30.05.2009
	Claire Hing	PH	F17-2	13.6	14.9	AVL	Guildford	09.08.2009
	Georgia Connor-Wilder	JPS	F17-2	12.8				
	Pascale Waterson	JPS	F17-2	13.0				
	Harriet Hillson	AH	F17-2	13.3				
	Lola Ogunsanya	PFR	F17-1	13.5				
	Ana Gabriella Gomez	KF	F17-1	14.0				
	Maria Gomez	KF	F17-1	14.0				
	Letisha Richardson	NS	F17-2	14.1				
	Helen Farmer	AH	F17-2	14.3				
	Rachel Westbrook	DO	F17-2	14.6				
	200m	Georgia Lamothe	JPS	F17-2	24.87w	25.2	NYAL	Norwich
Leah Barrow		AH	F17-2	25.5	25.5	NYAL	Eton	21.06.2009
Chloe Mays		AH	F17-2	25.62	25.62	NJL	Eton	14.06.2009
Shalisha Patrick		JPS	F17-1	25.83	25.83	NYAL	Woodford	19.07.2009
Laura Burke		RH	F17-2	25.88	25.88	NJL	Eton	14.06.2009
Georgia Taylor		JPS	F17-2	26.8	26.8	AVL	Guildford	12.07.2009
Laura Hemmings		AH	F17-1	27.7	27.7	ESAAC1	H Wycombe	14.05.2009
Alicia Noble		AH	F17-2	27.9	27.9	AVL	Guildford	12.07.2009
Charlotte Banks		DH	F17-1	28.2	28.2	AVL	Guildford	09.08.2009
Hannah Kirby		JPS	F17-2	28.5	28.5	SWL	Reading	25.04.2009
Sarah Phelps		DH	F17-2	28.1	28.8	NYAL	Norwich	31.05.2009
Pascale Waterson		JPS	F17-2	26.6	28.9	Bucks AA	M Keynes	09.05.2009
Letisha Richardson		NS	F17-2	29.05	29.05	NJL	Copthall	24.05.2009
Sinead Kirby		PH	F17-1	30.6	30.6	ESAAC1	Bracknell	12.05.2009
Karimah Muhammad		JPS	F17-1	26.33				
Georgia Connor-Wilder		JPS	F17-2	26.6				
Laura Suggitt		CM	F17-1	27.7				
Claire Hing		PH	F17-2	28.5				
Harriet Hillson		AH	F17-2	28.8				

	Amy Leigh-Quine	AH	F17-2	29.0				
	Maria Gomez	KF	F17-1	29.3				
	Antonia George	AH	F17-1	29.6				
	Ana Gabriella Gomez	KF	F17-1	29.8				
	Helen Farmer	AH	F17-2	30.8				
	Hannah Widgington	GB	F17-1	31.2				
	Ella Pepper	CM	F17-1	31.2				
	Emily Wilkinson	GB	F17-1	31.9				
	Lauren Wye	AH	F17-2	33.4				
	Kerry Gorman	KE	F17-1	33.6				
150m	Sophie Reynolds	CM	F17-1	23.6				
	Naomi Barbour	CM	F17-1	24.2				
300m	Leah Barrow	AH	F17-2	39.68	39.68	ESAA	Sheffield	11.07.2009
	Georgia Lamothe	JPS	F17-2	40.1	40.1	NYAL	Reading	17.05.2009
	Laura Burke	RH	F17-2	40.7	40.7	NYAL	Eton	21.06.2009
	Chloe Mays	AH	F17-2	41.4	41.4	AVL	Reading	05.04.2009
	Emily Barrett	RH	F17-2	42.1	42.1	NYAL	Eton	21.06.2009
	Georgia Taylor	JPS	F17-2	42.64	42.64	Surrey CS	Kingston	13.06.2009
	Hannah Kirby	JPS	F17-2	43.4	43.4	Berks AA	Eton	10.05.2009
	Laura Suggitt	CM	F17-1	43.77	43.77	Surrey AA	Kingston	09.05.2009
	Sophie Reynolds	CM	F17-1	44.9	44.9	AVL	Guildford	09.08.2009
	Aimee Partridge	DH	F17-2	45.2	45.2	Open	Bracknell	28.03.2009
	Sarah Phelps	DH	F17-2	48.21	48.21	SEAA	Lee Valley	11.01.2009
	Lois Bond	CM	F17-2	44.7				
	All splits are un-official							
300m	Laura Burke	RH	F17-2	40.6R	40.6R	NYAL	Southampton	03.05.2009
Splits	Leah Barrow	AH	F17-2	40.7R	40.7R	NYAL	Reading	17.05.2009
	Georgia Taylor	JPS	F17-2	42.3R	42.3R	NYAL	Reading	17.05.2009
	Emily Barrett	RH	F17-2	42.8R	43.0R	NYAL	Southampton	03.05.2009
	Bex Myers	CM	F17-2	43.2R	43.2R	NYAL	Southampton	03.05.2009
	Hannah Kirby	JPS	F17-2	44.1R	44.1R	NYAL	Norwich	31.05.2009
	Aimee Partridge	DH	F17-2	46.7R	46.7R	NYAL	Norwich	31.05.2009
	Sophie Reynolds	CM	F17-1	47.2R	47.2R	NYAL	Norwich	31.05.2009
	Sarah Spears	TR	F17-2	47.3R	47.3R	NYAL	Norwich	31.05.2009
	Charlotte Banks	DH	F17-1	47.6R	47.6R	NYAL	Woodford	19.07.2009
	Naomi Barbour	CM	F17-1	47.6R	47.6R	NYAL	Woodford	19.07.2009
	Hannah Widgington	GB	F17-1	48.7R	48.7R	NYAL	Woodford	19.07.2009
	Lois Bond	CM	F17-2	43.6R				
	Pascale Waterson	JPS	F17-2	44.3R				
400m	Chloe Mays	AH	F17-2	59.11	59.11	NJL	Derby	13.09.2009
	Emily Barrett	RH	F17-2	60.9	60.9	NJL	Bromley	26.07.2009
	Laura Burke	RH	F17-2	58.56				
	Bex Myers	CM	F17-2	60.3				
	Hannah Kirby	JPS	F17-2	65.5				
	Lois Bond	CM	F17-2	66.25				
400m	Laura Burke	LP	F17-2	57.6R	57.8R	SWL	Reading	25.04.2009
Splits	Bex Myers	CM	F17-2	61.2R	61.2R	SWL	Reading	25.04.2009
	Laura Suggitt	CM	F17-1	63.3R	63.3R	SWL	Colchester	05.09.2009
	Sarah Phelps	DH	F17-2	74.7R				
800m	Leah Barrow	AH	F17-2	09 2.15.3	2.15.3	Bucks CS	H Wycombe	13.06.2009
	Emily Barrett	RH	F17-2	09 2.17.51	2.17.51	Surrey CS	Kingston	13.06.2009
	Bex Myers	CM	F17-2	08 2.14.8	2.18.83	SoE Chps	Ashford, Kt	23.05.2009
	Lois Bond	CM	F17-2	09 2.20.24	2.20.24	NYAL	Birmingham	06.09.2009
	Sophie Reynolds	CM	F17-1	08 2.22.9	2.23.7	AVL	Guildford	09.08.2009
	Laura Suggitt	CM	F17-1	08 2.18.59	2.25.27	NYAL	Woodford	19.07.2009
	Maryse Haynes	AH	F17-1	09 2.25.34	2.25.34	Open	Watford	01.07.2009
	Naomi Barbour	CM	F17-1	08 2.24.51	2.26.55	NYAL	Birmingham	06.09.2009
	Ella Pepper	CM	F17-1	09 2.28.4	2.28.4	NYAL	Reading	17.05.2009
	Hannah Widgington	GB	F17-1	09 2.36.5	2.36.5	AVL	Reading	05.04.2009
	Sarah Spears	TR	F17-2	08 2.31.4	2.40.92	Open	Watford	03.06.2009

	Emily Wilkinson	GB	F17-1	08	2.40.5	2.42.47	Surrey AA	Kingston	09.05.2009
	Verity Kyley	GB	F17-1	09	2.43.4	2.43.4	NYAL	Eton	21.06.2009
	Alyssa Spitzer	GB	F17-1	08	2.44.1	2.46.8	Open	Bracknell	28.03.2009
	Megan Jones	GB	F17-1	09	2.50.7	2.50.7	SWL	Eton	30.05.2009
	Lily-Mae Fisher	EJ	F17-1	09	2.55.6	2.55.6	ESAAC1	Bracknell	12.05.2009
	Letisha Richardson	NS	F17-2	09	3.04.97	3.04.97	ESAA CE	Kingston	27.06.2009
	Kerry Gorman	KE	F17-1	08	2.51.8	3.05.7	Berks AA	Eton	10.05.2009
	Laura Burke	RH	F17-2	07	2.19.48				
	Georgia Taylor	JPS	F17-2	06	2.24.4				
	Lauren Wye	AH	F17-2	07	2.27.88				
	Hannah Kirby	JPS	F17-2	07	2.35.2				
	Claire Hing	PH	F17-2		2.43.8				
	Emma English	AH	F17-2		2.49.1				
	Lauren Mooney	TR	F17-2	08	2.50.6				
	Harriet Hillson	AH	F17-2		2.53.72				
	Sarah Phelps	DH	F17-2		3.02.1				
	Rachel Westbrook	DO	F17-2		3.20.1				
	Jenny Yoxall	AH	F17-2		3.27.00				
	Amy Leigh-Quine	AH	F17-2		3.36.6				
1500m	Sophie Reynolds	CM	F17-1	09	4.44.54	4.44.54	ESAA	Sheffield	10.07.2009
	Bex Myers	CM	F17-2	09	4.47.8	4.47.8	AVL	Reading	05.04.2009
	Maryse Haynes	AH	F17-1	09	4.56.8	4.56.8	SE IC S	Southampton	20.06.2009
	Lois Bond	CM	F17-2	09	5.01.64	5.01.64	NJL	Eton	14.06.2009
	Naomi Barbour	CM	F17-1	08	5.06.9	5.10.7	SWL	Eton	28.06.2009
	Ella Pepper	CM	F17-1	08	4.59.27	5.16.2	ESAAC1	Bracknell	12.05.2009
	Laura Suggitt	CM	F17-1	07	5.01.0	5.18.4	SWL	Reading	25.04.2009
	Sarah Spears	TR	F17-2	08	5.04.53	5.24.1	AVL	Reading	05.04.2009
	Alyssa Spitzer	GB	F17-1	08	5.27.8	5.29.0	NYAL	Southampton	03.05.2009
	Heidi Tyler	AH	F17-1	09	5.34.0	5.34.0	ESAAC1	H Wycombe	14.05.2009
	Verity Kyley	GB	F17-1	08	5.39.4	5.50.9	NYAL	Reading	17.05.2009
	Hannah Widginton	GB	F17-1	09	5.51.2	5.51.2	AVL	Guildford	09.08.2009
	Megan Jones	GB	F17-1	09	6.04.0	6.04.0	ESAAC1	Guildford	11.05.2009
	Laura Burke	RH	F17-2	06	4.59.1				
	Lauren Wye	AH	F17-2	08	5.01.0				
	Leah Barrow	AH	F17-2	07	5.01.0				
	Georgia Taylor	JPS	F17-2	07	5.08.69				
	Emily Barrett	RH	F17-2	07	5.13.6				
	Hannah Kirby	JPS	F17-2	07	5.31.0				
	Emily Wilkinson	GB	F17-1		5.41.4				
	Lauren Mooney	TR	F17-2	08	5.41.86				
	Rachel Westbrook	DO	F17-2		7.01.5				
3000m	Maryse Haynes	AH	F17-1	09	10.55.8	10.55.8	NJL	Bromley	26.07.2009
	Sophie Reynolds	CM	F17-1	09	11.09.3	11.09.3	NJL	London (LV)	16.08.2009
	Naomi Barbour	CM	F17-1	09	11.24.7	11.24.7	NJL	Bromley	26.07.2009
	Alyssa Spitzer	GB	F17-1	09	11.41.6	11.41.6	NYAL	Reading	17.05.2009
	Sarah Spears	TR	F17-2	08	11.34.04	11.56.9	NYAL	Reading	17.05.2009
	Emily Wilkinson	GB	F17-1	09	12.26.5	12.26.5	NYAL	Southampton	03.05.2009
	Verity Kyley	GB	F17-1	09	12.40.0	12.40.0	Bucks AA	M Keynes	09.05.2009
	Hannah Widginton	GB	F17-1	09	12.44.35	12.44.35	NYAL	Woodford	19.07.2009
	Lauren Wye	AH	F17-2	08	11.16.7				
	Lois Bond	LP	F17-2	08	11.57.5				
60 H	Charlotte Banks	DH	F17-1		09.77	09.77	Open	Eton	01.03.2009
	Sarah Phelps	DH	F17-2		09.86	09.86	EA U20	Birmingham	14.02.2009
	Aimee Partridge	DH	F17-2		10.49	10.49	EA U20	Birmingham	14.02.2009
	Letisha Richardson	NS	F17-2		10.22				
	Rachel Westbrook	DO	F17-2		10.82				
80 H	Charlotte Banks	DH	F17-1		12.62	12.62	Surrey CS	Kingston	13.06.2009
	Laura Burke	RH	F17-2		12.8	12.8	AVL	Hillingdon	20.09.2009
	Letisha Richardson	NS	F17-2		12.94w	12.94w	NYAL	Woodford	19.07.2009
	Sarah Phelps	DH	F17-2		13.0	13.0	Open	Bracknell	28.03.2009
	Aimee Partridge	DH	F17-2		13.2	13.2	SWL	Eton	27.06.2009
	Antonia George	AH	F17-1		13.5	13.7	Bucks CS	H Wycombe	13.06.2009

	Amy Leigh-Quine	AH	F17-2	13.7	14.0w	Bucks AA	M Keynes	09.05.2009
	Rachel Westbrook	DO	F17-2	15.0	16.8	SWL	Colchester	05.09.2009
	Harriet Hillson	AH	F17-2	13.9				
	Hannah Kirby	JPS	F17-2	17.1				
	Emma English	AH	F17-2	18.2				
75 H	Georgia Taylor	JPS	F17-2	12.7				
	Tara Barratt	AH	F17-1	13.8				
	Alicia Noble	AH	F17-2	14.0				
	Jenny Yoxall	AH	F17-2	16.1				
100 H	Laura Burke	RH	F17-2	16.88	16.88	NJL	Derby	13.09.2009
	Rachel Westbrook	DO	F17-2	20.9	20.9	SWL	Hillingdon	25.07.2009
	Lily Guerin	SM	F17-1	24.2	24.2	SWL	Hillingdon	25.07.2009
300 H	Laura Burke	RH	F17-2	42.94	42.94	ESAA	Sheffield	11.07.2009
	Georgia Taylor	JPS	F17-2	46.8	46.8	AVL	Guildford	12.07.2009
	Aimee Partridge	DH	F17-2	49.1	49.1	NYAL	Eton	21.06.2009
	Charlotte Banks	DH	F17-1	51.9	51.9	AVL	Guildford	12.07.2009
	Sarah Phelps	DH	F17-2	54.2	54.2	AVL	Hillingdon	20.09.2009
	Hannah Kirby	JPS	F17-2	51.0	55.1	NYAL	Reading	17.05.2009
	Rachel Westbrook	DO	F17-2	58.0	59.2	AVL	Reading	05.04.2009
	Emma English	AH	F17-2	53.4				
400 H	Laura Burke	RH	F17-2	60.75	60.75	EYOF	Tampere, FIN	22.07.2009
	Aimee Partridge	DH	F17-2	71.11	71.11	NJL	Eton	14.06.2009
	Sarah Phelps	DH	F17-2	109.8	109.8	SWL	Colchester	05.09.2009
4x100	Leah, Chloe, Laura, Georgia L			48.48		NJL	Derby	13.09.2009
	Leah, Chloe, Karimah, Georgia L			49.0		NYAL	Reading	17.05.2009
	Shalisha, Karimah, Sarah, Georgia L			49.97		NYAL	Birmingham	06.09.2009
	Shalisha, Karimah, Sarah, Georgia L			50.4		NYAL	Southampton	03.05.2009
	Chloe Mays, Shalisha Patrick, Sarah Phelps, Georgia L			50.47		NYAL	Woodford	19.07.2009
	Letisha, Hannah Kirby, Sarah Phelps, Georgia Lamothe			50.8		NYAL	Norwich	31.05.2009
4x300	Leah Barrow, Georgia Taylor, Laura Burke, Georgia Lamothe			2.43.1		NYAL	Eton	21.06.2009
	Hannah Kirby, Georgia Taylor, Laura Burke, Leah Barrow			2.49.2		NYAL	Reading	17.05.2009
	Hannah Kirby, Bex Myers, Emily Barrett, Laura Burke			2.52.4		NYAL	Southampton	03.05.2009
	Hannah Kirby, Aimee Partridge, Emily Barrett, Georgia Taylor			2.59.67		NYAL	Birmingham	06.09.2009
	Sophie Reynolds, Sarah Spears, Aimee Partridge, Hannah			3.05.3		NYAL	Norwich	31.05.2009
	Hannah Kirby, Hannah Widginton, Charlotte B, Naomi B			3.10.7		NYAL	Woodford	19.07.2009
HJ	Letisha Richardson	NS	F17-2	1.50	1.50	AVL	Reading	05.04.2009
	Emma English	AH	F17-2	1.45	1.40	AVL	Reading	05.04.2009
	Aimee Partridge	DH	F17-2	1.45	1.40	NYAL	Southampton	03.05.2009
	Sarah Phelps	DH	F17-2	1.45	1.40	AVL	Guildford	12.07.2009
	Rachel Westbrook	DO	F17-2	1.35	1.35	SWL	Hillingdon	25.07.2009
	Georgia Taylor	JPS	F17-2	1.45	1.30	AVL	Reading	05.04.2009
	Harriet Hillson	AH	F17-2	1.43	1.25	NYAL	Reading	17.05.2009
	Claire Hing	PH	F17-2	1.20	1.00	AVL	Hillingdon	20.09.2009
	Lucy Douglas	DO	F17-1	1.40				
	Emily Barrett	RH	F17-2	1.40				
	Jenny Yoxall	AH	F17-2	1.33				
	Laura Suggitt	CM	F17-1	1.30				
	Amy Leigh-Quine	AH	F17-2	1.30				
	Leah Barrow	AH	F17-2	1.24				
LJ	Letisha Richardson	NS	F17-2	4.97	4.97	ESAA CE	Kingston	27.06.2009
	Pascale Waterson	JPS	F17-2	5.16	4.78	NJL	Copthall	24.05.2009
	Claire Hing	PH	F17-2	4.93	4.77	NYAL	Reading	17.05.2009
	Maria Gomez	KF	F17-1	4.60	4.60	SWL	Colchester	05.09.2009
	Ana Gabriella Gomez	KF	F17-1	4.60	4.36	Lond Gam	Lee Valley	01.02.2009
	Antonia George	AH	F17-1	4.53	4.35	Bucks CS	H Wycombe	13.06.2009
	Sarah Phelps	DH	F17-2	4.56	4.23	SWL	Hillingdon	25.07.2009
	Sinead Kirby	PH	F17-1	4.08	4.08	SWL	Eton	30.05.2009
	Laura Suggitt	CM	F17-1	3.88	3.88	AVL	Guildford	09.08.2009

	Lily-Mae Fisher	EJ	F17-1	3.85	3.85	ESAAC1	Bracknell	12.05.2009
	Harriet Hillson	AH	F17-2	4.83				
	Georgia Taylor	JPS	F17-2	4.43				
	Amy Leigh-Quine	AH	F17-2	4.20				
	Emma English	AH	F17-2	4.17				
	Aimee Partridge	DH	F17-2	4.07				
	Georgia Connor-Wilder	JPS	F17-2	3.99				
	Laura Burke	RH	F17-2	3.95				
	Alicia Noble	AH	F17-2	3.88				
	Chloe Mays	AH	F17-2	3.88				
	Leah Barrow	AH	F17-2	3.85				
	Maryse Haynes	AH	F17-1	3.80				
	Emily Wilkinson	GB	F17-1	3.71				
	Rachel Westbrook	DO	F17-2	3.69				
	Lauren Wye	AH	F17-2	3.59				
	Jenny Yoxall	AH	F17-2	3.57				
	Verity Kyley	GB	F17-1	2.94				
	Kerry Gorman	KE	F17-1	2.60				
PV	Lily-Mae Fisher	EJ	F17-1	2.90	2.90	SWL	Reading	25.04.2009
	Lily Guerin	SM	F17-1	2.20	2.20	NYAL	Eton	21.06.2009
	Emma English	AH	F17-2	1.70				
TJ	Pascale Waterson	JPS	F17-2	10.25	10.25	NYAL	Woodford	19.07.2009
	Hannah Kirby	JPS	F17-2	09.71	09.71	NYAL	Eton	21.06.2009
	Maria Gomez	KF	F17-1	09.62	09.62	AVL	Hillingdon	20.09.2009
	Claire Hing	PH	F17-2	09.70	09.26	AVL	Guildford	09.08.2009
	Harriet Hillson	AH	F17-2	09.75	08.66	NYAL	Southampton	03.05.2009
	Ana Gabriella Gomez	KF	F17-1	08.38	08.38	SWL	Colchester	05.09.2009
DT	Ellie Norris	MW	F17-1	27.64	27.64	AVL	Hillingdon	20.09.2009
	Harriet Hillson	AH	F17-2	23.27	23.27	NYAL	Reading	17.05.2009
	Jenny Yoxall	AH	F17-2	22.20	22.20	NYAL	Eton	21.06.2009
	Kathryn Wallace		F17-2	20.41	20.15	AVL	Guildford	12.07.2009
	Alyssa Spitzer	GB	F17-1	19.50	19.50	Berks CS	Reading	13.05.2009
	Sarah Taplin	CP	F17-1	18.98	18.98	NYAL	Norwich	31.05.2009
	Letisha Richardson	NS	F17-2	24.84				
	Amy Leigh-Quine	AH	F17-2	22.91				
	Jenna Grant		F17-1	22.52				
	Laura Burke	RH	F17-2	17.45				
	Ana Gabriella Gomez	KF	F17-1	15.91				
	Lola Ogunsanya	PFR	F17-1	14.27				
	Emma English	AH	F17-2	14.17				
	Karimah Muhammad	JPS	F17-1	12.44				
	Pascale Waterson	JPS	F17-2	11.93				
HT	Ellie Norris		F17-1	31.53	31.53	AVL	Hillingdon	20.09.2009
	Kathryn Wallace		F17-2	26.09	26.09	NYAL	Birmingham	06.09.2009
	Tara Barratt	AH	F17-1	22.53	22.53	NYAL	Woodford	19.07.2009
	Sarah Taplin	CP	F17-1	15.26	15.26	NYAL	Woodford	19.07.2009
	Jenny Yoxall	AH	F17-2	19.57				
JT	Helen Farmer	AH	F17-2	33.87	33.87	NJL	Derby	13.09.2009
	Sarah Taplin	CP	F17-1	32.18	32.18	U17 IC	Crawley	02.08.2009
	Jenny Yoxall	AH	F17-2	32.17	32.17	AVL	Hillingdon	20.09.2009
	Tara Barratt	AH	F17-1	29.25	29.25	NJL	London (LV)	16.08.2009
	Sarah Phelps	DH	F17-2	20.51	20.51	NYAL	Eton	21.06.2009
	Letisha Richardson	NS	F17-2	24.65	20.32	ESAA CE	Kingston	27.06.2009
	Ellie Norris		F17-1	17.95	17.95	SWL	Colchester	05.09.2009
	Georgia Taylor	JPS	F17-2	15.54				
	Amy Pearce		F17-1	15.00				
	Alyssa Spitzer	GB	F17-1	14.48				
	Laura Burke	RH	F17-2	14.24				
	Harriet Hillson	AH	F17-2	13.82				
	Jenna Grant		F17-1	12.93				
	Lola Ogunsanya	PFR	F17-1	12.47				

	Claire Hing	PH	F17-2	10.88				
SP	Tara Barratt	AH	F17-1	09.37	09.37	AVL	Hillingdon	20.09.2009
	Letisha Richardson	NS	F17-2	09.14	09.14	Berks CS	Reading	13.06.2009
	Jenny Yoxall	AH	F17-2	08.73	08.73	Bucks AA	M Keynes	09.05.2009
	Ellie Norris		F17-1	08.53	08.53	AVL	Hillingdon	20.09.2009
	Kathryn Wallace		F17-2	07.77	07.77	AVL	Reading	05.04.2009
	Sarah Phelps	DH	F17-2	07.00	06.97	NYAL	Norwich	31.05.2009
	Georgia Lamothe	JPS	F17-2	07.86				
	Harriet Hillson	AH	F17-2	07.53				
3.25kg	Jenna Grant		F17-1	08.43				
	Sarah Taplin	CP	F17-1	08.38				
	Ana Gabriella Gomez	KF	F17-1	07.25				
	Lola Ogunsanya	PFR	F17-1	06.90				
	Ella Pepper	CM	F17-1	06.69				
	Amy Leigh-Quine	AH	F17-2	05.83				
	Georgia Taylor	JPS	F17-2	05.50				
	Claire Hing	PH	F17-2	05.38				
	Pascale Waterson	JPS	F17-2	04.93				
2.72kg	Leah Barrow	AH	F17-2	05.33				
	Laura Suggitt	TR	F17-1	05.33				
	Emily Wilkinson	GB	F17-1	04.92				
	Kerry Gorman	KE	F17-1	03.32				