

2010 Rankings
U17 Ladies

18 July

Event	Name	Coach	Age	PB	SB	Meeting	Venue	Date	
60m	Shalisha Patrick	JS	U17-2	8.04	8.04	Open	Eton	06.02.2010	
	Eleanor Duck	AH	U17-1	8.39	8.39	Open	Eton	07.03.2010	
	Charlotte Banks	DH	U17-2	8.44	8.47	Open	Eton	07.03.2010	
	Cressida Millar	JS	U17-1	8.47	8.63	Open	Eton	03.01.2010	
	Karimah Muhammad	JS	U17-2	8.16					
	Georgie Haynes	EL	U17-1	8.36					
	Victoria Harding	PH	U17-1	8.85					
100m	Shalisha Patrick	JS	U17-2	12.26	12.26	NJL	Woodford	27.06.2010	
	Cressida Millar	JS	U17-1	12.8	13.1	Berks CS	Reading	12.06.2010	
	Kijana Richardson	JS	U17-1	13.2	13.2	NYAL	Harrow	20.06.2010	
	Karimah Muhammad	JS	U17-2	12.64	13.3	AVL	Reading	11.04.2010	
	Joanne Beck			13.5	13.5	AVL	Guildford	11.07.2010	
	Lucie Grover	AH	U17-1	13.6	13.6	ESAA R1	H Wycombe	17.05.2010	
	Rachel Abebrese	JS	U17-2	13.7	13.7	AVL	Guildford	11.07.2010	
	Charlotte Banks	DH	U17-2	13.5	13.79	Open	Bracknell	27.03.2010	
	Laura Murray	AH	U17-1	13.9	13.9	C D S	H Wycombe	06.05.2010	
	Rosie Adams	CC	U17-1	15.2	15.2	NYAL	Eton	02.05.2010	
	Laura Suggitt	CM	U17-2	13.33					
	Georgie Haynes	EL	U17-1	13.5					
	Damisola Tijani	JS	U17-1	13.71					
	Sarah Taplin	CP	U17-2	14.0					
	Tara Barratt	AH	U17-2	14.1					
	Sarah Hing	PH	U17-1	14.5					
	Chloe Gwilliam	AH	U17-1	14.7					
	Alice Herbert	PF	U17-1	14.8					
	Sinead Kirby	PH	U17-2	14.9					
	Olivia Lawson	PH	U17-1	15.0					
200m	Shalisha Patrick	JS	U17-2	25.83	26.03	NYAL	Copthall	18.07.2010	
	Laura Suggitt	CM	U17-2	27.7	28.1	AVL	Guildford	11.07.2010	
	Rachel Abebrese	JS	U17-2	28.3	28.3	NYAL	Harrow	20.06.2010	
	Kijana Richardson	JS	U17-1	28.81	28.81	NYAL	Copthall	16.05.2010	
	Charlotte Banks	DH	U17-2	28.2	28.9	AVL	Reading	11.04.2010	
	Sophie Jenkins	AH	U17-1	29.1	29.1	ESAA R1	H Wycombe	17.05.2010	
	Laura Hemmings	AH	U17-2	27.7	29.2	AVL	Reading	11.04.2010	
	Laura English	AH	U17-1	29.3	29.3	ESAA R2	Croydon	18.06.2010	
	Damisola Tijani	JS	U17-1	28.42	29.49	NYAL	Copthall	16.05.2010	
	Hannah Widginton	GB	U17-2	30.6	30.6	AVL	Reading	11.04.2010	
	Sarah Hing	PH	U17-1	29.2	31.0	NYAL	Eton	02.05.2010	
	Karimah Muhammad	JS	U17-2	26.33					
	Cressida Millar	JS	U17-1	26.7					
	Georgie Haynes	EL	U17-1	27.0					
	Emma Croft	CM	U17-1	27.9					
	Alice Wills	CC	U17-1	29.76					
	Lucie Grover	AH	U17-1	30.0					
	Sinead Kirby	PH	U17-2	30.6					
	Ella Pepper	CM	U17-2	31.2					
	Emily Wilkinson	GB	U17-2	31.9					
	Rosie Adams	CC	U17-1	32.2					
	Rebekah King	TR	U17-1	32.4					
	Kerry Gorman	KE	U17-2	33.6					
	150m	Sophie Reynolds	CM	U17-2	23.6				
		Naomi Barbour	CM	U17-2	24.2				
300m	Emma Croft	CM	U17-1	43.4	43.4	NYAL	Harrow	20.06.2010	
	Laura Suggitt	CM	U17-2	43.61	43.61	Surrey CS	Kingston	12.06.2010	
	Joanne Beck			44.8	44.8	AVL	Guildford	11.07.2010	
	Ella Tucker	AH	U17-1	44.93	44.93	C Chps	Oxford	08.05.2010	

	Rosie Adams	CC	U17-1	45.52	45.52	Surrey CS	Kingston	12.06.2010
	Kijana Richarson	JS	U17-1	45.98	45.98	NYAL	Copthall	18.07.2010
	Alice Wills	CC	U17-1	47.61	47.61	NYAL	Copthall	16.05.2010
	Imogen Hay	PH	U17-2	49.71	49.71	Open	Bracknell	27.03.2010
	Sarah Hing	PH	U17-1	50.6	50.6	AVL	Reading	11.04.2010
	Sophie Reynolds	CM	U17-2	44.9				
splits	Sophie Reynolds	CM	U17-2	47.2				
	Charlotte Banks	DH	U17-2	47.6				
	Naomi Barbour	CM	U17-2	47.6				
	Hannah Widgington	GB	U17-2	48.7				
400m	Emma Croft	CM	U17-1	61.98	61.98	NJL	Woodford	27.06.2010
	Laura Suggitt	CM	U17-2	63.09	63.09	NJL	Eton	23.05.2010
	Rosie Adams	CC	U17-1	68.52	68.52	Open	Watford	07.04.2010
splits	Laura Suggitt	CM	U17-2	63.3				
800m	Emma Croft	CM	U17-1	2.24.5	2.24.5	NYAL	Eton	02.05.2010
	Alice Wills	CC	U17-1	2.26.07	2.26.07	NYAL	Copthall	18.07.2010
	Laura Suggitt	CM	U17-2	2.18.59	2.26.32	Open	C Palace	11.04.2010
	Rosie Adams	CC	U17-1	2.27.2	2.27.2	AVL	Guildford	11.07.2010
	Hannah Widgington	GB	U17-2	2.30.4	2.30.4	NYAL	Harrow	20.06.2010
	Naomi Barbour	CM	U17-2	2.24.51	2.31.5	AVL	Guildford	11.07.2010
	Liadh Troy	GB	U17-1	2.40.5	2.45.9	C Chps	Reading	09.05.2010
	Emily Wilkinson	GB	U17-2	2.40.5	2.46.4	AVL	Reading	11.04.2010
	Laura Higton	TR	U17-1	2.43.2	2.49.47	Open	Bracknell	27.03.2010
	Sophie Reynolds	CM	U17-2	2.22.9				
	Maryse Haynes	AH	U17-2	2.25.34				
	Ella Pepper	CM	U17-2	2.28.4				
	Katie Molloy	GB	U17-1	2.33.6				
	Emma Maurer	TR	U17-1	2.36.92				
	Eleanor Duck	AH	U17-1	2.37.4				
	Verity Kyley	GB	U17-2	2.43.4				
	Alyssa Spitzer	CC	U17-2	2.44.1				
	Sarah Hing	PH	U17-1	2.44.9				
	Kerry Gorman	KE	U17-2	2.51.8				
	Rebekah King	TR	U17-1	2.53.2				
	Demi Barrance	NS	U17-1	2.53.93				
	Lily-Mae Fisher	EJ	U17-2	2.55.6				
	Sophie Styles	AH	U17-1	2.57.69				
1500m	Nicole Swaffield	RH	U17-1	4.56.5	4.56.5	NYAL	Eton	02.05.2010
	Maryse Haynes	AH	U17-2	4.56.8	4.58.99	C Chps	Oxford	08.05.2010
	Alice Wills	CC	U17-1	5.01.32	5.04.50	C Chps	Kingston	08.05.2010
	Ella Pepper	CM	U17-2	4.59.27	5.06.6	NYAL	Eton	02.05.2010
	Emma Croft	CM	U17-1	5.10.2	5.14.03	NYAL	Copthall	16.05.2010
	Emma Maurer	TR	U17-1	5.16.3	5.20.0	AVL	Guildford	11.07.2010
	Naomi Barbour	CM	U17-2	5.06.9	5.22.6	NYAL	Harrow	20.06.2010
	Alyssa Spitzer	CC	U17-2	5.23.06	5.23.06	NJL	Eton	23.05.2010
	Rosie Adams	CC	U17-1	5.22.7	5.29.35	NJL	Eton	23.05.2010
	Verity Kyley	GB	U17-2	5.39.4	6.01.9	SWL	Ipswich	24.04.2010
	Laura Higton	TR	U17-1	6.07.1	6.07.1	BACYP	Bracknell	19.05.2010
	Sophie Reynolds	CM	U17-2	4.44.54				
	Laura Suggitt	CM	U17-2	5.01.0				
	Katie Molloy	GB	U17-1	5.19.4				
	Heidi Tyler	AH	U17-2	5.34.0				
	Liadh Troy	GB	U17-1	5.34.5				
	Emily Wilkinson	GB	U17-2	5.41.4				
	Hannah Widgington	GB	U17-2	5.51.2				
	Rebekah King	TR	U17-1	5.55.2				
3000m	Nicole Swaffield	RH	U17-1	10.17.2	10.17.2	Berks CS	Reading	12.06.2010
	Maryse Haynes	AH	U17-2	10.45.68	10.45.68	Open	Watford	19.05.2010
	Alice Wills	CC	U17-1	10.46.7	10.46.7	SE Sch`s	Horsham	19.06.2010

	Ella Pepper	CM	U17-2	11.25.24	11.25.24	NJL	Copthall	18.04.2010
	Emma Maurer	TR	U17-1	11.33.8	11.33.8	NYAL	Harrow	20.06.2010
	Naomi Barbour	CM	U17-2	11.24.7	11.35.7	NJL	Copthall	18.04.2010
	Alyssa Spitzer	CC	U17-2	11.41.6	11.54.53	NYAL	Copthall	16.05.2010
	Emily Wilkinson	GB	U17-2	12.26.5	13.22.2	SWL	Ipswich	24.04.2010
	Sophie Reynolds	CM	U17-2	11.09.3				
	Verity Kyley	GB	U17-2	12.40.0				
	Hannah Widginton	GB	U17-2	12.44.35				
60 H	Charlotte Banks	DH	U17-2	9.48	9.48	SOE	L Valley	16.01.2010
	Eleanor Duck	AH	U17-1	9.70	9.70	Open	Eton	03.01.2010
80 H	Charlotte Banks	DH	U17-2	12.23	12.23	Surrey CS	Kingston	12.06.2010
	Eleanor Duck	AH	U17-1	12.9	12.9	AVL	Reading	11.04.2010
	Demi Barrance	NS	U17-1	13.1	13.1	SWL	Ipswich	24.04.2010
	Victoria Harding	PH	U17-1	16.0	16.0	AVL	Guildford	11.07.2010
	Ella Tucker	AH	U17-1	16.8	16.8	SWL	Ipswich	24.04.2010
	Sarah Hing	PH	U17-1	17.42	17.42	NYAL	Copthall	18.07.2010
	Kirst Lai	SM	U17-1	13.6				
75 H	Georgie Haynes	EL	U17-1	13.5				
	Tara Barratt	AH	U17-2	13.8				
	Olivia Lawson	PH	U17-1	14.7				
100 H	Lily Guerin	SM	U17-2	24.2				
300 H	Eleanor Duck	AH	U17-1	46.3	46.3	AVL	Reading	11.04.2010
	Ella Tucker	AH	U17-1	51.5	51.5	SWL	Ipswich	24.04.2010
	Rosie Adams	CC	U17-1	51.5	51.5	AVL	Guildford	11.07.2010
	Sarah Hing	PH	U17-1	54.61	54.61	NYAL	Copthall	18.07.2010
	Imogen Hay	PH	U17-1	58.6	58.6	NYAL	Eton	02.05.2010
	Victoria Harding	PH	U17-1	59.6	59.6	NYAL	Harrow	20.06.2010
	Charlotte Banks	DH	U17-2	51.9				
1500 S/C	Rosie Adams	CC	U17-1	5.52.91	5.52.91	NJL	Woodford	27.06.2010
4 x 100	Rachel Abebrese, Sarah Hing, Kijana Richardson, Shalisha				51.6	NYAL	Harrow	20.06.2010
	Demi Barrance,Charlotte Banks,K Muhammad,S Patrick				52.4	AVL	Reading	11.04.2010
	Rachel Abebrese,Damisola Tijani,Sarah Hing,Kijana Rich`n				53.54	NYAL	Copthall	16.05.2010
	Demi Barrance,Sarah Hing,Rosie Adams,Shalisha Patrick				55.3	NYAL	Eton	02.05.2010
	Rosie Adams,Sarah Hing,Joanne Beck,Rachel Abebrese				55.7	AVL	Guildford	11.07.2010
4 x 300	Charlotte Banks, Alyssa Spitzer, Alice Wills. Emma Croft				3.09.38	NYAL	Copthall	18.07.2010
	Emma Croft,Alyssa Spitzer,Rosie Adams,Alice Wills				3.10.55	NYAL	Copthall	16.05.2010
	Emma Croft, Ella Tucker, Naomi Barbour, Alice Wills				3.11.0	NYAL	Harrow	20.06.2010
	Nicole Swaffield,Alice Wells,Ella Pepper,Emma Croft				3.13.3	NYAL	Eton	02.05.2010
HJ	Sophie Jenkins	AH	U17-1	1.56	1.56	ESAA R1	H Wycombe	17.05.2010
	Demi Barrance	NS	U17-1	1.55	1.55	NJL	Copthall	18.04.2010
	Victoria Harding	PH	U17-1	1.35	1.35	NYAL	Copthall	16.05.2010
	Emma Croft	CM	U17-1	1.35	1.30	C Chps	Oxford	09.05.2010
	Alyssa Spitzer	CC	U17-2	1.30	1.30	NYAL	Copthall	18.07.2010
	Hannah Widginton	GB	U17-2	1.20	1.20	AVL	Reading	11.04.2010
	Lucie Grover	AH	U17-1	1.48				
	Chloe Gwilliam	AH	U17-1	1.40				
	Georgie Haynes	EL	U17-1	1.35				
	Hannah Johnson	CP	U17-2	1.35				
	Eleanor Duck	AH	U17-1	1.33				
	Laura Suggitt	CM	U17-2	1.30				
	Olivia Lawson	PH	U17-1	1.29				
LJ	Georgie Haynes	EL	U17-1	5.03	4.88	NYAL	Copthall	18.07.2010
	Demi Barrance	NS	U17-1	4.78	4.78	AVL	Reading	11.04.2010
	Ella Tucker	AH	U17-1	4.56	4.56	ESAA R2	Hillingdon	15.06.2010
	Victoria Harding	PH	U17-1	4.38	4.38	Berks CS	Reading	12.06.2010

	Kirsty Lai	SM	U17-1	4.23	4.23	NJL	Woodford	27.06.2010
	Rachel Abebrese	JS	U17-2	3.79	3.79	AVL	Guildford	11.07.2010
	Sarah Hing	PH	U17-1	4.47	3.75	SWL	Portsmouth	26.06.2010
	Laura English	AH	U17-1	3.34	3.31	AVL	Reading	11.04.2010
	Eleanor Duck	AH	U17-1	4.53				
	Olivia Lawson	PH	U17-1	4.30				
	Laura Murray	AH	U17-1	4.18				
	Chloe Gwilliam	AH	U17-1	4.16				
	Sinead Kirby	PH	U17-2	4.08				
	Lucie Grover	AH	U17-1	4.00				
	Laura Suggitt	CM	U17-2	3.88				
	Lily-Mae Fisher	EJ	U17-2	3.85				
	Maryse Haynes	AH	U17-2	3.80				
	Emily Wilkinson	GB	U17-2	3.71				
	Verity Kyley	GB	U17-2	2.94				
	Kerry Gorman	KE	U17-2	2.60				

Left Club

	Maria Gomez	KF	U17-2	4.60	4.30	SWL	Ipswich	24.04.2010
	Ana Gabriella Gomez	KF	U17-2	4.60	4.27	SWL	Ipswich	24.04.2010

PV	Lily-Mae Fisher	ES	U17-2	3.20	3.20	NYAL	Harrow	20.06.2010
	Kirsty Lai	SM	U17-1	2.80	2.80	NYAL	Harrow	20.06.2010
	Lily Guerin	SM	U17-2	2.20	2.15	NJL	Copthall	18.04.2010

TJ	Georgie Haynes	EL	U17-1	09.66	09.66	SWL	Guildford	22.05.2010
	Miriam Mohammadi	PF	U17-1	08.46	08.46	AVL	Guildford	11.07.2010
	Sarah Hing	PF	U17-1	08.24	08.24	NYAL	Copthall	18.07.2010

Left Club

	Maria Gomez	KF	U17-2	09.62	09.55	SWL	Ipswich	24.04.2010
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DT	Ellie Norris	MW	U17-2	30.94	30.94	C Chps	Copthall	08.05.2010
	Laura Murray	AH	U17-1	26.90	26.90	Bucks CS	M Keynes	12.06.2010
	Alyssa Spitzer	CC	U17-2	19.76	19.76	NYAL	Copthall	16.05.2010
	Eleanor Heanue	PF	U17-1	20.25	19.27	AVL	Reading	11.04.2010
	Lucie Grover	AH	U17-1	16.20	16.20	ESAA R2	Croydon	18.06.2010
	Naomi Barbour	CM	U17-2	10.18	10.18	AVL	Guildford	11.07.2010
	Hannah Johnson	CP	U17-2	29.42				
	Sarah Taplin	CP	U17-2	18.98				
	Sarah Hing	PH	U17-1	16.42				
	Sophie Styles	AH	U17-1	13.32				
	Laura English	AH	U17-1	13.29				
	Karimah Muhammad	JS	U17-2	12.44				

HT	Ellie Norris	MW	U17-2	34.27	34.27	Open	Bracknell	27.03.2010
	Laura English	AH	U17-1	19.62	19.62	NYAL	Copthall	18.07.2010
	Alyssa Spitzer	CC	U17-2	09.34	09.34	NYAL	Copthall	16.05.2010
	Miriam Mohammadi	PF	U17-1	05.93	05.93	AVL	Guildford	11.07.2010
	Tara Barratt	AH	U17-2	22.53				
	Sarah Taplin	CP	U17-2	15.26				

JT	Hannah Johnson	CP	U17-2	39.20	39.20	NJL	Copthall	18.04.2010
	Laura Murray	AH	U17-1	17.88	17.88	Bucks CS	M Keynes	12.06.2010
	Sarah Hing	PH	U17-1	16.09	16.09	AVL	Guildford	11.07.2010
	Olivia Lawson	PH	U17-1	14.78	14.78	NYAL	Eton	02.05.2010
	Sarah Taplin	CP	U17-2	32.18				
	Tara Barratt	AH	U17-2	29.25				
	Ellie Norris	MW	U17-2	17.95				
	Alyssa Spitzer	CC	U17-2	14.48				
	Lucie Grover	AH	U17-1	13.41				

SP	Ellie Norris	MW	U17-2	08.94	08.94	Open	Bracknell	27.03.2010
	Laura Murray	AH	U17-1	06.54	06.54	NYAL	Copthall	18.07.2010
	Demi Barrance	NS	U17-1	06.28	06.28	AVL	Reading	11.04.2010

Miriam Mohammadi	PF	U17-1	06.15	06.15	AVL	Guildford	11.07.2010
Sarah Hing	PH	U17-1	05.58	05.58	NYAL	Copthall	16.05.2010
Hannah Johnson	CP	U17-2	10.33				
Tara Barratt	AH	U17-2	09.37				

Left Club

Ana Gabriella Gomez	KF	U17-2	06.68	06.68	NYAL	Eton	02.05.2010
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3.25	Sarah Taplin	CP	U17-2	08.38			
	Lucie Grover	AH	U17-1	06.74			
	Ella Pepper	CM	U17-2	06.69			
	Chloe Gwilliam	AH	U17-1	06.62			
	Eleanor Duck	AH	U17-1	05.94			
	Olivia Lawson	PH	U17-1	05.50			
	Laura English	AH	U17-1	06.25	06.25	ESAA R2	Croydon 18.06.2010

2.72	Laura Suggitt	CM	U17-2	5.33			
	Emily Wilkinson	GB	U17-2	4.92			
	Kerry Gorman	KE	U17-2	3.32			