

2010 Rankings

18 July

U20 Ladies, Senior/Vet Women

Event	Name	Coach	Age	PB	SB	Meeting	Venue	Date	
60m	Chinedu Monye	Julian	S	7.77	7.77	Open	Eton	06.02.2010	
	Laura McGawn		S	7.80	7.85	RAF/UNI	Sheffield	17.02.2010	
	Georgia Lamothe	Julian	U20	7.81	7.86	Open	Bath	20.02.2010	
	Jenny Pacey		S	7.99	7.99	Open	Eton	03.01.2010	
	Chloe Mays	Alan	U20	7.99	7.99	L Games	L Valley	31.01.2010	
	Harriet Shurley	Danny	S	8.0	8.0	Uni Chps	L Valley	06.03.2010	
	Caroline Livingstone	Julian	S	8.09	8.09	Open	Eton	07.03.2010	
	Shakira Whight		S	8.19	8.19	Open	Eton	03.01.2010	
	Michelle Warren	Julian	S	8.32	8.32	Open	Eton	06.02.2010	
	Natalie Beale	Danny	U20	8.08	8.34	Open	Eton	03.01.2010	
	Jenny Heckford	Danny	S	8.19	8.44	Open	L`Boro	30.01.2010	
	Alicia Noble	Alan	U20	8.30	8.49	Open	L Valley	21.02.2010	
	SANDRA SEATON	HCA	U20	8.18	8.62	Ntl U20	Birmingham	27.02.2010	
	Sarah Phelps	Danny	U20	8.54	8.70	SOE	L Valley	17.01.2010	
	Dorothy McLennan	Steve	V70	12.87	12.87	SCV	L Valley	14.02.2010	
	Daphne Marler		V60	12.84	13.07	SCV	L Valley	14.02.2010	
	Helen Pryer		S	7.52					
	Karlene Turner		S	7.62					
	Lesley Owusu		S	8.04					
	Zoe Wells		S	8.15					
	Chanel Taite	Nigel	U20	8.17					
	Leah Barrow	Alan	U20	8.18					
	Frances Smithson		S	8.31					
	Alison MacLeod		S	8.37					
	Harriet Hillson	Alan	U20	8.44					
	Sophie Upton		S	8.49					
	Pascale Waterson		U20	8.54					
	Faye Williams	Danny	U20	8.58					
	Georgia Taylor	Julian	U20	8.69					
	Letisha Richardson	Nigel	U20	8.79					
	Rachel Westbrook		U20	8.97					
	100m	Helen Pryer		S	11.67	11.88	Internat`l	Loughboro	23.05.2010
		Georgia Lamothe	Julian	U20	11.92	11.92	Eng Sch	Birmingham	10.07.2010
Laura McGawn			S	12.0	12.0	Intertrust	St Peter Pt	19.06.2010	
Leah Moore			S	12.02w	12.02w	Irish Chps	Antrim	12.06.2010	
				12.11	12.11	Irish NL	Antrim	13.06.2010	
Monique Williams			S	11.80	12.10	Ath Nam`r	Namur,BEL	30.06.2010	
Chloe Mays		Alan	U20	12.4w	12.51	CAU	Bedford	31.05.2010	
Caroline Livingstone		Julian	S	12.58w	12.58w	Irish Chps	Antrim	12.06.2010	
Harriet Shurley		Danny	S	12.8	12.8	SWL	Portsmouth	26.06.2010	
Michelle Warren		Julian	S	12.87w	12.87w	Irish Chps	Antrim	12.06.2010	
SANDRA SEATON		HCA	U20	12.5	12.91	Open	Bath	17.04.2010	
Zoe Wells			S	12.4	13.16	Open	Watford	05.05.2010	
Faye Williams		Danny	U20	12.99	13.3	C Chps	Reading	09.05.2010	
Sophie Purkis		Julian	U20	13.6	13.7	SWL	Portsmouth	26.06.2010	
Sarah Phelps		Danny	U20	13.5	13.9	BACYP	Bracknell	19.05.2010	
Janine Whitlock				11.56					
Rhiannon Burden			S	11.7w					
Lesley Owusu			S	11.7w					
Nicola Sanders			S	11.89w					

Chinedu Monye		S	11.90
Yasmine Regis		S	12.04
Karlene Turner		S	12.12
Dawn Hunt		S	12.3
Chanel Taite	Nigel	U20	12.5
EMILY PARKER	HCA	S	12.5
Leah Barrow	Alan	U20	12.5w
Cat Hall-Jones	Alan	U20	12.6
Jenny Heckford	Danny	S	12.7w
Shelayna Oskan	Rodger	S	12.8
Michelle Rodgers		S	12.85
Jenny Pacey		S	12.9
Pascale Waterson		U20	13.0
Shakira Whight		S	13.0
Natalie Beale	Danny	U20	13.0
Laura Burke	Danny	U20	13.15
Alicia Noble	Alan	U20	13.3w
Harriet Hillson	Alan	U20	13.3
Georgia Taylor	Julian	U20	13.4w
Hannah Kirby	Julian	U20	13.5
Yvette Dickson-Tetteh	Alan	U20	13.59
Claire Hing	Paula	U20	13.6
Letisha Richardson	Nigel	U20	14.1
Helen Farmer	Alan	U20	14.3
Emma English	Alan	U20	14.4
Rachel Westbrook		U20	14.6
Daphne Marler		V60	21.8

200m	Helen Pryer		S	23.20	23.58w	CAU	Bedford	30.05.2010
	Monique Williams		S	22.90	24.10		Nivelles,BEL	26.06.2010
	Leah Moore		S	24.4	24.4	Irish NL	Antrim	13.06.2010
	Laura Burke	Danny	U20	25.23w	25.23w	NJL	Woodford	27.06.2010
	Georgia Lamothe	Julian	U20	24.87w	25.25	NJL	Eton	23.05.2010
	Chloe Mays	Alan	U20	25.29	25.29	SoE	C Palace	12.06.2010
	Laura McGawn		S	25.51	25.78	CE	Bedford	05.06.2010
	Caroline Livingstone	Julian	S	25.8	25.8	SWL	Portsmouth	26.06.2010
	EMILY PARKER	HCA	S	25.88	25.88	CE	Bedford	05.06.2010
	Leah Barrow	Alan	U20	25.5	26.19	Open	L Valley	21.02.2010
	Michelle Rodgers		S	25.52	26.47	UKL	Manchester	03.07.2010
	Michelle Warren	Julian	S	26.0	26.94	Open	Watford	19.05.2010
	Sophie Upton		S	26.98	26.98	LS v CS	L`Boro	10.06.2010
	Harriet Shurley	Danny	S	27.07	27.07	SOE	L Valley	16.01.2010
	Sarah Phelps	Danny	U20	28.1	28.6	BACYP	Bracknell	19.05.2010
	Letisha Richardson	Nigel	U20	28.8	28.8	Mid S CE	Kirkby-in-A	26.06.2010
	Leigh James		S	31.9	31.9	LH Chps	London (HS)	29.06.2010
	Janine Whitlock			23.20				
	Nicola Sanders		S	23.68				
	Lesley Owusu		S	23.73				
	Chinedu Monye		S	23.73				
	Rhiannon Burden		S	24.03				
	Dawn Hunt		S	24.69				
	Justine Kinney		S	25.00w				
	Shelayna Oskan	Rodger	S	25.06				
	Chanel Taite	Nigel	U20	25.4				
	Karlene Turner		S	25.4				
	Natalie Beale	Danny	U20	26.0				

SANDRA SEATON	HCA	U20	26.4
Jenny Pacey		S	26.45
Pascale Waterson		U20	26.6
Rose Reynolds	Danny	S	26.63
Marika Reed		S	26.7
Georgia Taylor	Julian	U20	26.8
Yasmine Regis		S	26.80w
Shakira Whight		S	26.92
Caroline Heaney	Gary	S	27.05
Zoe Wells		S	27.06
LIZZIE THOMPSON	2ND CLM	U20	27.49
Mary Edwards		V45	27.5
Kim Rothman		V45	27.76
Sophie Purkis	Julian	U20	27.8
Alicia Noble	Alan	U20	27.9
Alison MacLeod		S	27.97
Hannah Kirby	Julian	U20	28.5
Claire Hing	Paula	U20	28.5
Harriet Hillson	Alan	U20	28.8
LUCY HODGINS	HCA	S	28.92
Amy Leigh-Quine	Alan	U20	29.0
Helen Farmer	Alan	U20	30.8

400m	Nicola Sanders	Tony	S	49.65	52.70	Nat'l Chp	Birmingham	26.06.2010
	Dawn Hunt		S	53.34	54.13	World T	Sheffield	13.02.2010
	Shelayna Oskan	Rodger	S	54.36	54.36	UKL	Birmingham	05.06.2010
	Helen Pryer		S	54.45	54.45	Graz DV	Pavia,ITA	09.05.2010
	Monique Williams		S	51.88	55.23	Ath Nam`r	Namur,BEL	30.06.2010
	Lesley Owusu		S	52.15	55.56	Nat'l Chp	Birmingham	25.06.2010
	Justine Kinney		S	55.71	55.71	LS v BP	Loughboro	26.05.2010
	EMILY PARKER	HCA	S	56.24	56.24	C Chps	Kingston	08.05.2010
	Leah Barrow	Alan	U20	56.68	56.68	Eng Sch	Birmingham	09.07.2010
	EMMA PATON	HCA	S	56.76	56.76	N`thn Ch	Manchester	12.06.2010
	Laura Burke	Danny	U20	56.81	56.81	Ntl U20	Birmingham	27.02.2010
	Michelle Rodgers		S	56.62	56.94	UKLns	Birmingham	05.06.2010
	Caroline Livingstone	Julian	S	58.38	58.38	UKLns	Birmingham	05.06.2010
	Emily Barrett	Rodger	U20	59.53	59.53	C Chps	Copthall	08.05.2010
	Bex Myers	Con	U20	60.3	60.63	Open	Watford	16.06.2010
	Michelle Warren	Julian	S	61.23	61.23	Irish Chps	Antrim	12.06.2010
	Caroline Heaney	Gary	S	59.92	61.24	C Chps	Copthall	09.05.2010
	Lois Bond	Con	U20	61.80	61.80	Open	Watford	16.06.2010
	Sophie Purkis	Julian	U20	61.9	61.9	SWL	Ipswich	24.04.2010
	LIZZIE THOMPSON	2ND CLM	U20	62.0	63.06	Open	Watford	05.05.2010
	Natalie Beale	Danny	U20	64.56	64.56	SOE	L Valley	10.01.2010
	Leigh James		S	70.87	70.87	LICC	L Valley	17.07.2010
	Sarah Phelps	Danny	U20	79.59	79.59	SOE	L Valley	10.01.2010
	KELLY McNEICE	HCA	S	55.72				
	Christine Long		S	56.83				
	Chloe Mays	Alan	U20	59.11				
	Marika Reed		S	59.6				
	Vicky Fouhy		S	59.6				
	Mary Edwards		V45	59.72				
	Niki Tribe		S	59.8				
	Chanel Taite	Nigel	U20	59.90				
	Jessica Wilkinson	Con	U20	62.34				
	Martha Reynolds	Gary	U20	62.60				

	Abi Fudge		S	64.3				
	Hannah Kirby	Julian	U20	65.5				
splits	Dawn Hunt		S	53.6				
	Shelayna Oskan	Rodger	S	54.9				
	Laura Burke	Danny	U20	57.6				
	EMILY PARKER	HCA	S	57.7				
	Laura McGawn		S	57.7				
	Caroline Livingstone	Julian	S	58.3				
	Chinedu Monye		S	58.6				
	Caroline Heaney	Gary	S	59.2				
	Vicky Fouhy		S	59.6				
	Bex Myers	Con	U20	61.2				
	Sophie Purkis	Julian	U20	63.7				
	Martha Reynolds	Gary	U20	64.4				
	Michelle Warren	Julian	S	64.6				
	Mary Edwards		V45	65.4				
	Sarah Phelps	Danny	U20	74.7				
300m	Georgia Lamothe	Julian	U20	40.1				
	Georgia Taylor	Julian	U20	42.64				
	Aimee Partridge	Danny	U20	45.2				
splits	Georgia Taylor	Julian	U20	42.3				
	Pascale Waterson		U20	44.3				
	Aimee Partridge	Danny	U20	46.7				
800m	KELLY McNEICE	HCA	S	2.03.41	2.03.96	Irish Miler	Tullamore,IR	05.06.2010
	Dawn Hunt		S	2.06.07	2.06.07	BMC	Watford	12.06.2010
	Vicky Fouhy		S	2.07.46	2.07.46	Ivy League	Birmingham	22.06.2010
	Shelayna Oskan	Rodger	S	2.06.29	2.08.27	UKL	Manchester	03.07.2010
	Kerry Harty		S	2.09.22	2.11.63	Elan Meet	Bratislava	31.01.2010
	Christine Long		S	2.08.07	2.15.62	UKL	Birmingham	05.06.2010
	Sophie Morris		S	2.08.6	2.15.94	C Chps	Kingston	08.05.2010
	Lois Bond	Con	U20	2.16.51	2.16.51	NJL	Eton	23.05.2010
	Leah Barrow	Alan	U20	2.15.3	2.16.76	Open	Watford	19.05.2010
	EMILY PARKER	HCA	S	2.17.29	2.17.29	CE	Bedford	06.06.2010
	Bex Myers	Con	U20	2.14.8	2.17.9	Open	Watford	14.07.2010
	Louisa Lingley	Con	S	2.19.6	2.20.06	Conf'nce	Orlando,US	15.05.2010
	Laura McGawn		S	2.18.6	2.24.69	CE	Bedford	06.06.2010
	Caroline Heaney	Gary	S	2.25.2	2.25.2	Open	M Keynes	20.05.2010
	Mary Edwards		V45	2.14.61	2.30.41	UKL	Manchester	03.07.2010
	Leigh James		S	2.32.2	2.32.2	LH Chps	London (HS)	29.06.2010
	Emily Armstrong	Con	S	2.40.09	2.40.09	Open	Watford	16.06.2010
	Diana Barac	Trevor	U20	2.48.7	2.48.7	BACYP	Bracknell	19.05.2010
	Letisha Richardson	Nigel	U20	3.04.97	3.06.6	Mid S CE	Kirkby-in-A	27.06.2010
	Nicola Sanders	Tony	S	2.03.41				
	Paula Fudge	--	V55	2.08.49				
	Monique Williams		S	2.09.09				
	Lesley Owusu		S	2.09.59				
	Niki Tribe		S	2.10.99				
	Justine Kinney		S	2.11.12				
	Marika Reed		S	2.12.1				
	Rebecca Taylor	Con	S	2.14.2				
	Hayley Highams		V35	2.15.73				
	Martha Reynolds	Gary	U20	2.16.47				

Emily Barrett	Rodger	U20	2.17.51
Laura Burke	Danny	U20	2.19.48
Rachel Stedman	Con	U20	2.21.0
Michelle Rodgers		S	2.23.46
Chanel Taite	Nigel	U20	2.23.70
Georgia Taylor	Julian	U20	2.24.4
Faith-Louise Smith	Con	S	2.26.61
Dee Smale	Paula	V50	2.28.2
Jessica Wilkinson	Con	U20	2.29.02
Natalie Beale	Danny	U20	2.29.51
Kim Rothman		V45	2.33.84
Hannah Kirby	Julian	U20	2.35.2
Hannah Barefield	Trevor	U20	2.37.3
LUCY HODGINS	HCA	S	2.39.61
Claire Hing	Paula	U20	2.43.8
Emma English	Alan	U20	2.49.1
Lauren Mooney	Trevor	U20	2.50.6
Harriet Hillson	Alan	U20	2.53.72
Sarah Phelps	Danny	U20	3.02.1
Jenny Yoxall	Alan	U20	3.27.00
Amy Leigh-Quine	Alan	U20	3.36.6

1500m	KELLY McNEICE	HCA	S	4.14.63	4.14.63	Irish Chp	Belfast	07.02.2010
	Kerry Harty		S	4.14.17	4.19.73	Internat'l	Oordegem,B	05.06.2010
	Sophie Morris		S	4.15.74	4.24.09	L v Br v A	Loughboro	12.05.2010
	Vicky Fouhy		S	4.28.93	4.32.89	BUSA	Sheffield	14.03.2010
	Lois Bond	Con	U20	4.58.49	4.58.49	Open	Watford	02.06.2010
	Louisa Lingley	Con	S	4.49.0	4.58.67	UKL	Birmingham	05.06.2010
	Leigh James		S	4.58.98	4.58.98	UKL	Manchester	03.07.2010
	Rachel Stedman	Con	U20	4.43.8	5.04.58	UKL	Manchester	03.07.2010
	Bex Myers	Con	U20	4.47.8	5.09.54	UKL	Birmingham	05.06.2010
	Hannah Barefield	Trevor	U20	5.07.5	5.49.4	BACYP	Bracknell	19.05.2010
	Sarah Phelps	Danny		6.07.1	6.07.1	BACYP	Bracknell	19.05.2010
	Paula Fudge	--	V55	4.11.23				
	Hayley Highams		V35	4.21.21				
	Rosemary Ryan		S	4.27.93				
	Rebecca Taylor	Con	S	4.33.00				
	Martha Reynolds	Gary	U20	4.33.94				
	Christine Long		S	4.46.9				
	Justine Kinney		S	4.51.0				
	Jane Sheard		V35	4.57.00				
	Laura Burke	Danny	U20	4.59.1				
	Dee Smale	Paula	V50	4.59.56				
	Leah Barrow	Alan	U20	5.01.0				
	Faith-Louise Smith	Con	S	5.01.3				
	Georgia Taylor	Julian	U20	5.08.69				
	Yolanda Edwards	Paula	S	5.11.5				
	Emily Barrett	Rodger	U20	5.13.6				
	Diana Barac	Trevor	U20	5.19.17				
	Pippa Callingham		S	5.25.0				
	Lucy Keen	Paula	S	5.29.7				
	Hannah Kirby	Julian	U20	5.31.0				
	Lauren Mooney	Trevor	U20	5.41.86				
	Rachel Westbrook		U20	7.01.5				

3000m	Kerry Harty		S	09.12.20	09.23.01	World T	Sheffield	13.02.2010
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	KELLY McNEICE	HCA	S	09.25.74	09.25.74	Welsh Ch	Cardiff	31.01.2010
	Sophie Morris		S	09.10.44	09.31.34	UKL	Birmingham	05.06.2010
	Charlotte Firth	Con	S	10.34.21	10.34.21	UKL	Manchester	03.07.2010
	Marina Stedman		V45	09.21.8	10.44.56	UKL	Manchester	03.07.2010
	Leigh James		S	10.47.65	10.47.65	Open	Watford	02.06.2010
	Rachel Stedman	Con	U20	10.12.73	11.02.0	Berks AA	Bracknell	14.07.2010
	Paula Fudge	--	V55	08.48.74	11.46.87	UKL	Birmingham	05.06.2010
	Hannah Barefield	Trevor	U20	10.54.2	12.40.21	NJL	Eton	23.05.2010
	Pippa Callingham		S	12.54.3	12.54.3	SWL	Ipswich	24.04.2010
	Hayley Highams		V35	08.58.98				
	Rosemary Ryan		S	09.27.56				
	Rebecca Taylor	Con	S	09.56.8				
	Jane Sheard		V35	10.17.24				
	Dee Smale	Paula	V50	11.05.1				
	Yolanda Edwards	Paula	S	11.18.1				
	Faith-Louise Smith	Con	S	11.23.3				
	Lois Bond	Con	U20	11.57.5				
	Susanna Ditton	Trevor	U20	12.41.90				
5000m	Kerry Harty		S	16.04.86	16.04.86	BMC	Manchester	29.05.2010
	Leigh James		S	18.58.24	18.58.24	LICC	L Valley	17.07.2010
	Paula Fudge		V55	15.14.51				
	Hayley Highams		V35	15.16.44				
	Rosemary Ryan		S	15.33.37				
	Sophie Morris		S	15.58.75				
	Jane Sheard		V35	18.29.3				
	Rebecca Taylor	Con	S	18.37.0				
10000m	Hayley Yelling-H		V35	31.45.14	32.49.07	Euro Cup	Marseille,Fr	05.06.2010
	Rosemary Ryan		S	32.31.9				
60 H	Jenny Heckford	Danny	S	9.15	9.15	Open	L`Boro	30.01.2010
	Harriet Shurley	Danny	S	9.21	9.21	Open	Eton	06.02.2010
	Faye Williams	Danny	U20	9.22	9.22	World T	Sheffield	14.02.2010
	Natalie Beale	Danny	U20	9.50	9.50	SOE	L Valley	16.01.2010
	SANDRA SEATON	HCA	U20	8.62				
	Sarah Phelps	Danny	U20	9.86				
	Letisha Richardson	Nigel	U20	10.22				
	Aimee Partridge	Danny	U20	10.49				
	Rachel Westbrook		U20	10.82				
100 H	SANDRA SEATON	HCA	U20	13.92w	13.92w	Nt`l Chps	Bedford	20.06.2010
	Jenny Heckford	Danny	S	14.34w	14.99	Nt`l Chps	Bedford	20.06.2010
	Harriet Shurley	Danny	S	15.11	15.11	SoE	C Palace	13.06.2010
	Laura McGawn		S	15.02	15.13	CE	Bedford	05.06.2010
	EMILY PARKER	HCA	S	14.85	15.13	CE	Bedford	05.06.2010
	Laura Burke	Danny	U20	15.16	15.16	NJL	Woodford	27.06.2010
	Faye Williams	Danny	U20	14.75w	15.65	NJL	Copthall	18.04.2010
	Natalie Beale	Danny	U20	15.8	16.05	NJL	Copthall	18.04.2010
	Cat Hall-Jones	Alan	U20	15.05w	16.26	NJL	Eton	23.05.2010
	Letisha Richardson	Nigel	U20	17.4	17.4	Mid S CE	Kirkby-in-A	26.06.2010
	LUCY HODGINS	HCA	S	16.39	17.50	UKL	Birmingham	05.06.2010
	Caroline Heaney	Gary	S	17.04	18.0	SWL	Portsmouth	26.06.2010
	Yvette Dickson-Tetteh	Alan	U20	16.24	18.77	NJL	Eton	23.05.2010
	Janine Whitlock			14.00				

	Rose Reynolds	Danny	S	14.11w				
	Jenny Pacey		S	15.17w				
	Justine Kinney		S	16.5				
	LIZZIE THOMPSON	2ND CLM	U20	18.4				
	Kim Rothman		V45	20.5				
	Rachel Westbrook		U20	20.9				
80 H	Sarah Phelps	Danny	U20	13.0				
	Aimee Partridge	Danny	U20	13.2				
	Amy Leigh-Quine	Alan	U20	13.7				
	Harriet Hillson	Alan	U20	13.9				
	Rachel Westbrook		U20	15.0				
	Hannah Kirby	Julian	U20	17.1				
	Emma English	Alan	U20	18.2				
75 H	Georgia Taylor	Julian	U20	12.7				
	Alicia Noble	Alan	U20	14.0				
	Jenny Yoxall	Alan	U20	16.1				
400 H	Justine Kinney		S	57.13	57.13	UKL	Birmingham	05.06.2010
	EMILY PARKER	HCA	S	58.97	58.97	Euro Trials	Birmingham	25.06.2010
	Laura Burke	Danny	U20	60.72	60.72	Nat'l U20	Bedford	20.06.2010
	Caroline Heaney		S	63.95	64.80	Inter Club	Lee Valley	23.05.2010
	Emily Barrett	Rodger	U20	65.05	65.05	Surrey CS	Kingston	12.06.2010
	LIZZIE THOMPSON	2ND CLM	U20	64.98	66.96	Oxf v Cam	Oxford	15.05.2010
	Michelle Rodgers		S	67.29	68.13	UKL	Manchester	03.07.2010
	Natalie Beale	Danny	U20	64.98	71.09	NJL	Copthall	18.04.2010
	Aimee Partridge	Danny	U20	71.11	71.74	NJL	Eton	23.05.2010
	Faye Williams	Danny	U20	72.5	72.68	NJL	Copthall	18.04.2010
	Sarah Phelps	Danny	U20	80.5	80.5	SWL	Ipswich	24.04.2010
	Nicola Sanders	Tony	S	55.32				
	LUCY HODGINS	HCA	S	72.9				
	Harriet Shurley	Danny	S	73.4				
300 H	Georgia Taylor	Julian	U20	46.8				
	Hannah Kirby	Julian	U20	51.0				
	Emma English	Alan	U20	53.4				
	Rachel Westbrook		U20	58.0				
1500 S/C	Susanna Ditton	Trevor	U20	5.57.87	5.57.87	NJL	Woodford	27.06.2010
	Hannah Thompson		U20	6.16.8	6.25.72	NJL	Copthall	18.04.2010
	Martha Reynolds	Gary	U20	5.10.12				
2000 S/C	Martha Reynolds	Gary	U20	7.10.80				
4 x 100	EmilyB,LeahB,Shalisha,Georgia L		U20		49.07	NJL	Woodford	27.06.2010
	Faye,Chloe,Natalie,Georgia L		U20		50.96	NJL	Copthall	18.04.2010
	Yvette,Cat,Claire,GeorgiaL		U20		51.36	NJL	Eton	23.05.2010
4 x 100	Helen,Monique,Caroline,Georgia L		S		46.70	UKL	Birmingham	05.06.2010
	Helen,Michelle,Caroline L,GeorgiaL		S		48.24	UKL	Manchester	03.07.2010
	Leah M,Michelle,Harriet,Caroline L		S		50.0	SWL	Portsmouth	26.06.2010
	Demi,Sophie P,Sarah P,Georgia L		S		51.8	SWL	Ipswich	24.04.2010
4 x 400	Lois(60.5),Laura(58.1) Leah(59.1),Emily(59.3)		U20		3.56.93	NJL	Eton	23.05.2010

Kim Rothman		V45	6.19
Karlene Turner		S	6.13
Janine Whitlock			5.95
Frances Smithson		S	5.72
Shakira Whight		S	5.65
Helen Pryer		S	5.55
Chanel Taite	Nigel	U20	5.50
Irie Hill		V40	5.50
Pascale Waterson		U20	5.16
Alison MacLeod		S	5.10
Natalie Beale	Danny	U20	5.02
LIZZIE THOMPSON	2ND CLM	U20	4.91
SANDRA SEATON	HCA	U20	4.91
Harriet Hillson	Alan	U20	4.83
Marika Reed		S	4.80
LUCY HODGINS	HCA	S	4.80
Jenny Heckford	Danny	S	4.61
Georgia Taylor	Julian	U20	4.43
Amy Leigh-Quine	Alan	U20	4.20
Emma English	Alan	U20	4.17
Sophie Purkis	Julian	U20	4.10
Aimee Partridge	Danny	U20	4.07
Laura Burke	Danny	U20	3.95
Alicia Noble	Alan	U20	3.88
Chloe Mays	Alan	U20	3.88
Leah Barrow	Alan	U20	3.85
Rachel Westbrook		U20	3.69
Jenny Yoxall	Alan	U20	3.57

PV	Sophie Upton		S	4.10	4.10	LS v CS	L`Boro	10.06.2010
	Irie Hill		V40	4.20	3.80	Nat`l Chp	Perth, AUS	17.04.2010
	Alice Humble	Steve	U20	3.10	3.10	UKL	Birmingham	05.06.2010
	Jade Tallent	Steve	U20	2.90	2.75	NJL	Copthall	18.04.2010
	Dorothy McLennan	Steve	V70	2.00	1.90	SWL	Ipswich	24.04.2010
	Janine Whitlock			4.47				
	Faye Williams	Danny	U20	2.00				
	Emma English	Alan	U20	1.70				

TJ	Yasmine Regis		S	13.85	13.32	Texas R	Austin, USA	03.04.2010
	Shakira Whight		S	12.76	12.31	World T	Sheffield	13.02.2010
	Laura McGawn		S	11.60	11.60	Inter Serv	Cosford	07.07.2010
	SARAH WELLSTEAD	HCA	S	12.11	11.36	SWL	Carshalton	22.05.2010
	Frances Smithson		S	12.07w	10.42	UKL	Manchester	03.07.2010
	LUCY HODGINS	HCA	S	09.78	09.78	SWL	Croydon	22.05.2010
	Sophie Purkis	Julian	U20	09.52	09.52	SWL	Ipswich	24.04.2010
	Harriet Hillson	Alan	U20	09.75	08.72	NJL	Eton	23.05.2010
	Claire Hing	Paula	U20	09.70	08.66	NJL	Woodford	27.06.2010
	Daphne Marler		V60	05.81	05.42	SCV	L Valley	14.02.2010
	Karlene Turner		S	13.31				
	EMILY PARKER	HCA	S	13.02i				
	Alison MacLeod		S	11.64				
	LAURA ROGERS	HCA	S	11.10				
	Jenny Pacey		S	11.06				
	Jenny Heckford	Danny	S	10.53				
	Faye Williams	Danny	U20	10.47w				
	Pascale Waterson		U20	10.25				

	Hannah Kirby	Julian	U20	09.71				
	LIZZIE THOMPSON	2ND CLM	U20	09.41				
	Vicky Fouhy		S	08.57				
	Abi Fudge		S	08.17				
DT	CHLOE SMYRK	HCA	U20	39.87	39.14	C Chps	Sheffield	09.05.2010
	Laura James		U20	37.45	37.45	C Chps	Reading	09.05.2010
	Joanne John		S	41.80	35.75	UKL	Manchester	03.07.2010
	Rachel Wallader		S	34.29	34.05	SWL	Ipswich	24.04.2010
	Janet Smith		V45	37.01	33.84	Rosen L	Eton	07.07.2010
	KATHY HETHERINGTON	2ND CLM	U20	34.74	33.68	Irish Open	Antrim	21.04.2010
	SARAH WELLSTEAD	HCA	S	30.24	27.49	SWL	Battersea	24.04.2010
	Harriet Hillson	Alan	U20	23.27	19.91	NJL	Eton	23.05.2010
	Kathryn Wallace		U20	20.41	19.59	SWL	Ipswich	24.04.2010
	Helen Farmer	Alan	U20	15.97	15.97	NJL	Copthall	18.04.2010
	Joanna Botwright	Gary	S	36.92				
	Bola Ogun		S	28.89				
	Helena Majek		U20	27.34				
	Nasya Harvey		U20	27.09				
	Letisha Richardson	Nigel	U20	24.84				
	Jenny Yoxall	Alan	U20	22.20				
	Abbey Jones		S	20.86				
	Irie Hill		V40	19.57				
	Laura Burke	Danny	U20	17.45				
	Harriet Shurley	Danny	S	17.38				
	Emma English	Alan	U20	14.17				
	Paula Fudge	--	V55	14.00				
	Martha Reynolds	Gary	U20	13.90				
	Daphne Marler		V60	12.24				
	Pascale Waterson		U20	11.93				
HT	Joanne John		S	58.49	56.45	SWL	Guildford	22.05.2010
	Bola Ogun		S	55.13	55.13	Nat'l Chp	Calabar,NGR	24.06.2010
	Nasya Harvey		U20	43.53	43.53	NJL	Eton	23.05.2010
	Janet Smith		V45	50.62	43.48	BMAF	Cardiff	03.07.2010
	Kathryn Wallace		U20	29.17	29.17	Surrey CS	Kingston	12.06.2010
	Laura James		U20	32.76	21.18	NJL	Copthall	18.04.2010
	Joanna Botwright	Gary	S	34.52				
	Rachel Wallader		S	30.09				
	CHLOE SMYRK	HCA	U20	24.18				
	Jenny Yoxall	Alan	U20	19.57				
	Helena Majek		U20	18.28				
	Daphne Marler		V60	15.50				
JT	Kelly Morgan		S	64.87	47.97	Open	Bournemouth	11.04.2010
	Anita White		S	47.00	41.35	UKL	Birmingham	05.06.2010
	Laura McGawn		S	40.53	40.32	UKL	Manchester	03.07.2010
	CHLOE SMYRK	HCA	U20	36.66	36.66	UKL	Manchester	03.07.2010
	Helen Farmer	Alan	U20	33.87	32.42	Open	Abingdon	11.04.2010
	Frances Smithson		S	34.95	29.63	UKL	Birmingham	05.06.2010
	Letisha Richardson	Nigel	U20	24.86	24.86	Mid S CE	Kirkby-in-A	27.06.2010
	EMILY PARKER	HCA	S	22.33	22.33	CE	Bedford	06.06.2010
	Janet Smith		V45	21.56	21.56	SWL	Portsmouth	26.06.2010
	Laura James		U20	14.99	14.99	NJL	Woodford	27.06.2010
	Laura Burke	Danny	U20	14.24	12.95	NJL	Eton	23.05.2010
	Harriet Shurley	Danny	S	12.54	12.54	SWL	Portsmouth	26.06.2010

	Sarah Phelps	Danny	U20	20.51	05.67	SWL	Guildford	22.05.2010
	Joanne John		S	35.10				
	Jenny Yoxall	Alan	U20	32.17				
	Kim Rothman		V45	27.54				
	Vicky Fouhy		S	24.08				
	LUCY HODGINS	HCA	S	24.04				
	Abbey Jones		S	23.06				
	Jenny Pacey		S	22.90				
	Marika Reed		S	22.48				
	Irie Hill		V40	22.00				
	Natalie Beale	Danny	U20	21.39				
	Georgia Taylor	Julian	U20	15.54				
	Harriet Hillson	Alan	U20	13.82				
	Claire Hing	Paula	U20	10.88				
	Daphne Marler		V60	08.51				
SP	Rachel Wallader		S	15.45	15.31	CAU	Bedford	31.05.2010
	Bola Ogun		S	12.11	12.11	SWL	Guildford	22.05.2010
	Laura McGawn		S	11.37	11.37	Air Cmd C	Cosford	02.06.2010
	Letisha Richardson	Nigel	U20	10.18	10.18	Mid S CE	Kirkby-in-A	26.06.2010
	EMILY PARKER	HCA	S	09.56	09.56	CE	Bedford	05.06.2010
	CHLOE SMYRK	HCA	U20	09.50	09.28	NWL	Preston	04.07.2010
	KATHY HETHERINGTON	2ND CLM	U20	09.49	09.26	Irish Chps	Belfast	06.02.2010
	Kathryn Wallace		U20	08.75	08.75	SWL	Portsmouth	26.06.2010
	Janet Smith		V45	08.79	08.59	SWL	Portsmouth	26.06.2010
	Nasya Harvey		U20	09.23	08.58	NJL	Eton	23.05.2010
	Anita White		S	08.39	08.39	UKL	Birmingham	05.06.2010
	Laura James		U20	07.73	06.91	NJL	Cophthall	18.04.2010
	Jenny Pacey		S	11.95				
	Abbey Jones		S	10.27				
	SARAH WELLSTEAD	HCA	S	10.21				
	Irie Hill		V40	09.21				
	Joanne John		S	09.12				
	Frances Smithson		S	08.99				
	Chanel Taite	Nigel	U20	08.94				
	Kim Rothman		V45	08.89				
	Natalie Beale	Danny	U20	08.83				
	Jenny Yoxall	Alan	U20	08.73				
	Marika Reed		S	08.25				
	Helena Majek		U20	07.99				
	Georgia Lamothe	Julian	U20	07.86				
	LUCY HODGINS	HCA	S	07.72				
	Harriet Hillson	Alan	U20	07.53				
	Rose Reynolds	Danny	S	07.41				
	Sarah Phelps	Danny	U20	07.00				
	Daphne Marler		V60	04.09				
3.25	Georgia Taylor	Julian	U20	05.50				
	Claire Hing	Paula	U20	05.38				
	Pascale Waterson		U20	04.93				
2.72	Leah Barrow	Alan	U20	5.33				
HEPT	Laura McGawn		S	5078	5034	CE	Bedford	06.06.2010
	EMILY PARKER	HCA	S	4925	4925	CE	Bedford	06.06.2010
	Letisha Richardson		U20	3334	3334	CE	Kirkby-in-A	27.06.2010

Jenny Pacey		S	4729
LUCY HODGINS	HCA	S	3760
Sophie Upton		S	3478
LIZZIE THOMPSON	2ND CLM	U20	3462