

**FINAL 2008 OFFICIAL
SENIOR / JUNIOR RANKING LISTS**

As at 15th October 2008

Compiled by Bryan Goodman – WSEH Male Records Secretary

EVENT	SENIOR	JUNIOR (Under 20)	EVENT
100m SENIOR CR Matt Shirvington 10.17 secs 16/06/2003	10.53 w Andy Matthews 17/07 10.58 Rion Pierre 23/08 10.8 Mark Holloway 11/05 11.14 Fahad Khan 19/04 11.15 Adam Butler 02.08 11.20 Tom Reynolds 26/04 11.3 Steve Johnson 11/05 11.47 Matthew George 27/09 11.53 Julian Golley 10/05 11.6 Andrew Weekes 12/07 11.64 Callum McKay 11/05 13.3 Rod Davies (v) 16/06	10.52 Deji Tobais 14/10 10.58 w Max Galliers 15/06 10.7 Josh Patrick 25/05 10.77 Max Galliers 15/06 11.1 Ashley Bryant 28/06 11.38 Avtar Kainth 27/07 11.88 Jamie East 27/07	100m JUNIOR CR Rion Pierre 10.39 secs 30/07/2006
200m SENIOR CR Mark Richardson 20.62 secs 24/08/1997	21.38 Rion Pierre 23/08 21.53 (w) Steve Johnson 19/07 22.06 Andrew Matthews 13/07 22.32 Fahad Khan 19/04 22.8 Ritchie Morgan 25/05 23.05 Tom Reynolds 06/08 23.3 Jeff Christie 03/05 23.4 Scott Dorset 02/08 23.62 Callum McKay 19/04 23.82 Matthew George 16/09 24.2 Andrew Weekes 17/05 24.59 (I) Glen Reddington 24/02 26.56 (I) Danny Hodge 24/02 27.55 (I) Derek Wardle 24/02 27.58 (I) Roerick Davies 24/02	21.73 (I) Nigel Levine 24/02 22.26 Max Galliers 04/06 22.30 Josh Patrick 08/06 23.84 (I) Dan James 17/02 27.31 Daniel Greene 04/06 28.1 John Newton 25/05	200m JUNIOR CR Mark Richardson 21.02 secs 28/07/1990
400m SENIOR CR Mark Richardson 44.37 secs 09/07/1998	47.83 Steve Johnson 05/07 48.91 Adam Butler 08/06 49.00 Ritchie Morgan 19/07 50.55 Tom Reynolds 31/05 51.69 Matthew George 27/09 55.00 Scott Dorset 03/05 55.8 Holger Schieever 07/06 57.38 (I) Danny Hodge 24/02 57.55 (I) Alistair Ross 24/02 60.5 Derek Wardle (v) 16/06	46.40 Nigel Levine 25/07 49.82 Ashley Bryant 20/09 50.4 Josh Patrick 11/05 54.3 Jamie East 25/05	400m JUNIOR CR Mark Richardson 45.53 secs 10/08/1991

<p>800m</p> <p>SENIOR CR</p> <p>James McIlroy</p> <p>1m 44.65</p> <p>28/08/2005</p>	<p>1m 49.61 (I) James McIlroy 27/01</p> <p>1m 55.96 Ian May 16/08</p> <p>2m 01.5 Andrew Clowes 07/06</p> <p>2m 15.71 Peter Kennedy 04/06</p>	<p>1m 56.14 Alex Tovey 07/05</p> <p>1m 56.18 Rhys Glastonbury 27/07</p> <p>1m 57.05 Luke Turton 17/05</p> <p>2m 04.9 Charlie Bennett 11/05</p> <p>2m 21.3 John Newton 28/06</p> <p>2m 24.6 Cameron Smart 07/06</p>	<p>800m</p> <p>JUNIOR CR</p> <p>Chris Sly</p> <p>1m 48.8</p> <p>1977</p>
<p>1500m</p> <p>SENIOR CR</p> <p>James McIlroy</p> <p>3m 39.73</p> <p>16/02/2008</p>	<p>3m 39.73 (I) James McIlroy 16/02</p> <p>3m 44.35 Mark Draper 17/05</p> <p>4m 01.3 Owain Jones 10/05</p> <p>4m 02.85 Ian May 08/06</p> <p>4m 07.69 Steve Kimber 16/07</p> <p>4m 32.4 Vince Bangs 28/06</p> <p>4m 35.00 Peter Kennedy 05/05</p> <p>4m 43.97 S Arscott (v) 16/07</p> <p>4m 46.69 Matthew George 28/09</p> <p>4m 51.74 Tom Reynolds 01/06</p> <p>5m 3.0 John Bowers 03/05</p> <p>5m 10.2 Mick Hill (v) 16/06</p> <p>5m 50.6 Paul Green 12/07</p> <p>6m 11.4 Walter Wessley 02/08</p>	<p>3m 55.02 Alex Tovey 08/06</p> <p>3m 59.07 Nathan White 16/07</p> <p>4m 05.01 Rhys Glastonbury 27/07</p> <p>4m 29.3 Cameron Smart 25/05</p> <p>4m 42.05 John Newton 12/07</p> <p>4m 49.4 Ashley Bryant 29/06</p>	<p>1500m</p> <p>JUNIOR CR</p> <p>Gary Taylor</p> <p>3m 40.72</p> <p>08/07/1981</p>
<p>5000m</p> <p>SENIOR CR</p> <p>Sam Haughian</p> <p>13m 19.45</p> <p>31/07/2002</p>	<p>14m 55.66 Owain Jones 05/07</p> <p>14m 59.45 Steve Kimber 15/06</p> <p>15m 07.42 Owain Jones 08/06</p> <p>15m 13.2 Ben Whitby 23/07</p> <p>15m 37.8 Charlie Coleman 12/07</p> <p>16m 23.8 Vince Bangs 12/07</p> <p>18m 40.5 John Bowers 17/05</p>	<p>15m 09.16 Nathan White 02/08</p>	<p>5000m</p> <p>JUNIOR CR</p> <p>Mohammed Farah</p> <p>13m 56.31</p> <p>23/06/2001</p>
<p>10000m</p> <p>SENIOR CR</p> <p>Jack Lane</p> <p>28m 24.01</p> <p>10/08/1971</p>	<p>37m 13.93 Peter Kennedy 25/05</p>	<p>8m 30.18 Nathan White 26/07</p> <p>8m 51.7 Rhys Glastonbury 25/05</p> <p>11m 31.53 John Newton 27/04</p>	<p>3000m</p> <p>JUNIOR CR</p> <p>Mohammed Farah</p> <p>8m 09.24</p> <p>20/05/2001</p>

<p>3,000m S/C</p> <p>SENIOR CR</p> <p>Ben Whitby</p> <p>8m 32.68</p> <p>15/07/2001</p>	<p>8m 49.00 Mark Draper 26/06</p> <p>9m 30.35 Rob Berry 16/08</p> <p>10m 02.9 Gary Taylor 17/05</p> <p>11m 44.4 Dave Huck 02/08</p>	<p>11m 36.5 Cameron Smart 12/07</p>	<p>3,000m S/C</p> <p>JUNIOR CR</p> <p>Ben Whitby</p> <p>8m 59.09</p> <p>1996</p>
		<p>6m 43.41 Nathan Ditton (U17) 27/07</p> <p>6m 51.26 Cameron Smart 14/09</p> <p>8m 00.2 Luke Porter 25/05</p> <p>8m 46.76 John Newton 27/04</p>	<p>2,000m S/C</p> <p>JUNIOR CR</p> <p>Chris Sly</p> <p>5m 43.2</p> <p>1975</p>
<p>400m H</p> <p>SENIOR CR</p> <p>Jeff Christie</p> <p>51.33 secs</p> <p>13/07/2002</p>	<p>53.78 Jeff Christie 08/06</p> <p>57.25 Mark Draper 03/05</p> <p>61.04 Callum McKay 08/06</p> <p>62.30 Danny Hodge 16/08</p>	<p>56.6 Ashley Fry U17 02/08</p> <p>57.30 Jamie East 27/07</p>	<p>400m H</p> <p>JUNIOR CR</p> <p>Jeff Christie</p> <p>52.25 secs</p> <p>16/06/2001</p>
<p>110m H (3' 6")</p> <p>SENIOR CR</p> <p>Dwayne Stoddart</p> <p>14.28 secs</p> <p>06/05/2006</p>	<p>14.83 Dwayne Stoddart 08/06</p> <p>15.01 Tom Reynolds 27/07</p> <p>15.1 Callum McKay 19/07</p> <p>15.3 Lawrence Clarke U20 07/06</p> <p>15.4 Matthew George 28/09</p> <p>15.5 Ashley Bryant U20 17/05</p> <p>18.4 Glen Reddington 17/05</p> <p>21.0 Danny Hodge 02/08</p> <p>25.7 David Cole 02/08</p>	<p>14.23 Lawrence Clarke 15/10</p> <p>14.73 (w) Ashley Bryant 21/06</p> <p>15.0 Jamie East 29/06</p>	<p>110m H (3'3")</p> <p>JUNIOR CR</p> <p>Lawrence Clarke</p> <p>14.23 secs</p> <p>15/10/2008</p>
<p>Long Jump</p> <p>SENIOR CR</p> <p>Keith Fleming</p> <p>7.87m</p> <p>07/06/1987</p>	<p>7.47m Mark Holloway 11/05</p> <p>7.18m Alan Kennedy 14/06</p> <p>7.16m Julian Golley 10/05</p> <p>6.65m (w) Tom Reynolds 12/07</p> <p>6.50m Matt George 27/09</p> <p>5.72m David Cole 07/06</p> <p>4.99m Steve Walker 28/06</p> <p>4.82m Roderick Davies (v) 16/06</p> <p>3.79m Jeremy Tigar 28/06</p>	<p>6.88m Ashley Bryant 20/09</p> <p>6.64m Michael Puplampu 11/05</p>	<p>Long Jump</p> <p>JUNIOR CR</p> <p>Inferior to Under 17 CR</p>

<p>High Jump</p> <p>2.21m Alan McKie 01/06</p> <p>SENIOR CR</p> <p>1.85m David Cole 03/05</p> <p>1.85m (I) Tom Reynolds 06/01</p> <p>Alan McKie</p> <p>1.82m Matt George 27/09</p> <p>1.25m Derek Wardle (v) 16/06</p> <p>2.21m</p> <p>01/06/2008</p>	<p>2.05m Cameron Lake 29/06</p> <p>1.85m Jamie East 29/06</p> <p>1.83m Ashley Bryant 20/09</p> <p>1.75m Dan Jenkins 27/04</p> <p>1.65m Graham Cole 12/07</p>	<p>High Jump</p> <p>JUNIOR CR</p> <p>Alan McKie</p> <p>2.20m</p> <p>02/09/2007</p>
<p>Pole Vault</p> <p>4.60 (I) Egwyn Jones 27/01</p> <p>SENIOR CR</p> <p>4.50m Tom Reynolds 31/08</p> <p>4.30m Chris Mills 10/05</p> <p>Jeff Gutteridge</p> <p>4.10m Steve Walker 17/05</p> <p>4.00m Matt George 28/09</p> <p>5.40m</p> <p>05/06/1983</p>	<p>4.20m Ashley Bryant 27/04</p> <p>3.35m Tom Galgut 29/06</p>	<p>Pole Vault</p> <p>JUNIOR CR</p> <p>Jeff Gutteridge</p> <p>4.96m</p> <p>24/09/1975</p>
<p>Triple Jump</p> <p>16.35m Julian Golley 05/07</p> <p>SENIOR CR</p> <p>14.57m Alan Kennedy 14/06</p> <p>13.22m Mark Holloway 02/08</p> <p>Keith Connor</p> <p>9.72m Steve Walker 28/06</p> <p>17.57m</p> <p>05/06/1982</p>	<p>14.50m Michael Puplampu 22/06</p>	<p>Triple Jump</p> <p>JUNIOR CR</p> <p>Keith Connor</p> <p>15.95m</p> <p>30/08/1976</p>
<p>Hammer</p> <p>63.27m Mark Dry 09/08</p> <p>SENIOR CR</p> <p>46.39m Alan James 07/06</p> <p>35.22m David Melliush 12/07</p> <p>Jason Byrne</p> <p>25.16m David Shiel 17/05</p> <p>21.68m Peter Virgo 03/05</p> <p>73.80m</p> <p>19/09/1992</p>	<p>38.73m Mark White U17 14/09</p> <p>7.38m Grant Fuller 27/04</p>	<p>Hammer</p> <p>JUNIOR CR</p> <p>Jason Byrne</p> <p>74.92m</p> <p>17/12/89</p>
<p>Shot</p> <p>14.63m (I) Jeremy Harper 27/01</p> <p>SENIOR CR</p> <p>12.80m (I) Tom Reynolds 12/01</p> <p>12.54m Matthew George 27/09</p> <p>Neil Griffin</p> <p>12.32m Mark Dry 23/07</p> <p>11.84m David Shiel 11/05</p> <p>11.49m (I) Peter Virgo 24/02</p> <p>11.12m (I) Rhys Thomas 06/01</p> <p>10.72m Neil Griffin 12/07</p> <p>10.09m Jeremy Tigar 07/06</p> <p>6.43m Andrew Winchcombe 17/05</p> <p>16.06m</p> <p>26/06/1977</p>	<p>12.51m Ashley Bryant 20/09</p> <p>10.94m Graham Cole 14/09</p> <p>10.46m Moritz Holbrock U17 27/07</p> <p>9.89m Cameron Lake 14/09</p> <p>9.55m Jamie East 27/04</p>	<p>Shot</p> <p>JUNIOR CR</p> <p>Clive Jeffery</p> <p>14.32m</p> <p>06/07/1974</p>

<p>Discus</p> <p>49.46m Jeremy Harper 18/05</p> <p>SENIOR CR</p> <p>38.82m Tom Reynolds 05/07</p> <p>37.43m Mark Dry 23/07</p> <p>Mark Wiseman</p> <p>35.49m Neil Griffin 12/07</p> <p>34.31m Matthew George 28/09</p> <p>53.57m</p> <p>33.20m Jeremy Tigar 07/06</p> <p>31.22m David Shiel 17/05</p> <p>29.41m Alan James 28/06</p> <p>20/07/2002</p> <p>27.70m Peter Virgo 03/05</p> <p>26.55m Graham Cole U20 02/08</p>	<p>39.88m Ashley Bryant 01/06</p> <p>33.91m Jamie East 27/07</p> <p>29.04m Graham Cole 14/09</p> <p>18.46m Nick Lingley U17 29/06</p> <p>14.82m Alex Tovey 27/04</p>	<p>Discus</p> <p>JUNIOR CR</p> <p>Jason Byrne</p> <p>46.00m</p> <p>14/05/1988</p>
<p>Javelin</p> <p>59.25m Matt George 05/05</p> <p>SENIOR CR</p> <p>52.66m Mark Dry 15/06</p> <p>49.21m Jeremy Harper 19/03</p> <p>Ben Haughton</p> <p>48.66m Jeremy Tigar 12/07</p> <p>48.23m Tom Reynolds 31/08</p> <p>72.46m</p> <p>42.47m Andy Clements 08/06</p> <p>25/03/2006</p>	<p>62.65m Dan Pembroke 21/06</p> <p>56.28m Ashley Bryant 27/07</p> <p>50.75m Grant Fuller 12/07</p> <p>48.22m Blake Crowe U17 27/07</p> <p>45.45m Matt Todd U17 02/08</p> <p>40.59m Andrew Pike U17 29/06</p> <p>22.98m Matt Mooney U17 28/06</p>	<p>Javelin</p> <p>JUNIOR CR</p> <p>Demetrio Barros</p> <p>64.34m</p> <p>01/07/1990</p>
<p>4x100m</p> <p>41.97 Rion Pierre 05/07</p> <p>Steve Johnson</p> <p>SENIOR CR</p> <p>Josh Patrick</p> <p>Andrew Matthews</p> <p>Andy Matthews</p> <p>Rion Pierre</p> <p>Fahad Khan</p> <p>Mark Holloway</p> <p>42.59 Rion Pierre 08/06</p> <p>Deji Tobais</p> <p>Callum McKay</p> <p>Josh Patrick</p> <p>41.07 secs</p> <p>30/07/2005</p> <p>43.2 Ashley Bryant 03/05</p> <p>Adam Butler</p> <p>Fahad Khan</p> <p>Mark Holloway</p> <p>43.6 Callum McKay 19/04</p> <p>Ashley Bryant</p> <p>Fahad Khan</p> <p>Steve Johnson</p>	<p>43.45 Matthew Bezzant 14/09</p> <p>Tom Evans</p> <p>Michael Puplampu</p> <p>Deji Tobais</p> <p>44.29 Tom Evans 27/07</p> <p>Nigel Levine</p> <p>Avtar Kainth</p> <p>Ainsley Campbell</p> <p>44.92 Deji Tobais 27/04</p> <p>Michael Puplampu</p> <p>Lawrence Clarke</p> <p>Tom Evans</p>	<p>4 x 100m</p> <p>JUNIOR CR</p> <p>Rion Pierre</p> <p>Adam Butler</p> <p>Fahad Khan</p> <p>Liam Freemantle</p> <p>41.16 secs</p> <p>11/09/2005</p>

4x400m SENIOR CR S Kabiswa Mark Hylton Adrian Patrick Mark Richardson 3m 08.6 06/05/1995	3m 17.05 Adam Butler 08/06 Nigel Levine Rikki Letch Matt Carlisle	3m 22.96 Adam Medcraft 14/09 Alex Tovey Nigel Levine Nick Lingley	4 x 400m JUNIOR CR Kerian Edward Fahad Khan Dwayne Blake Steve Johnson 3m 21.3 secs 13/08/2006
	3m 27.71 Ritchie Morgan 05/07 Ian May Tom Reynolds Steve Johnson	3m 23.07 Sam Rogers 27/07 Ashley Fry Nigel Levine Ainsley Campbell	
	3m 52.7 Ian May 19/04 Owain Jones Nick Lingley Steve Kimber	3m 27.6 Matt Bezzant 27/04 Ashley Fry Alex Tovey Marc Forrest	

DECATHLON

6846 Points	Senior	Tom Reynolds	30 th /31 st August 2008
6798 Points	Senior	Matthew George	27 th /28 th September 2008
6873 Points	Junior	Ashley Bryant	26th/27th July 2008